



*L'infettivologia del 3° millennio:
AIDS ed altro*

Tossicità della cART

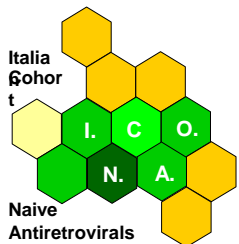
Roberto Gulminetti



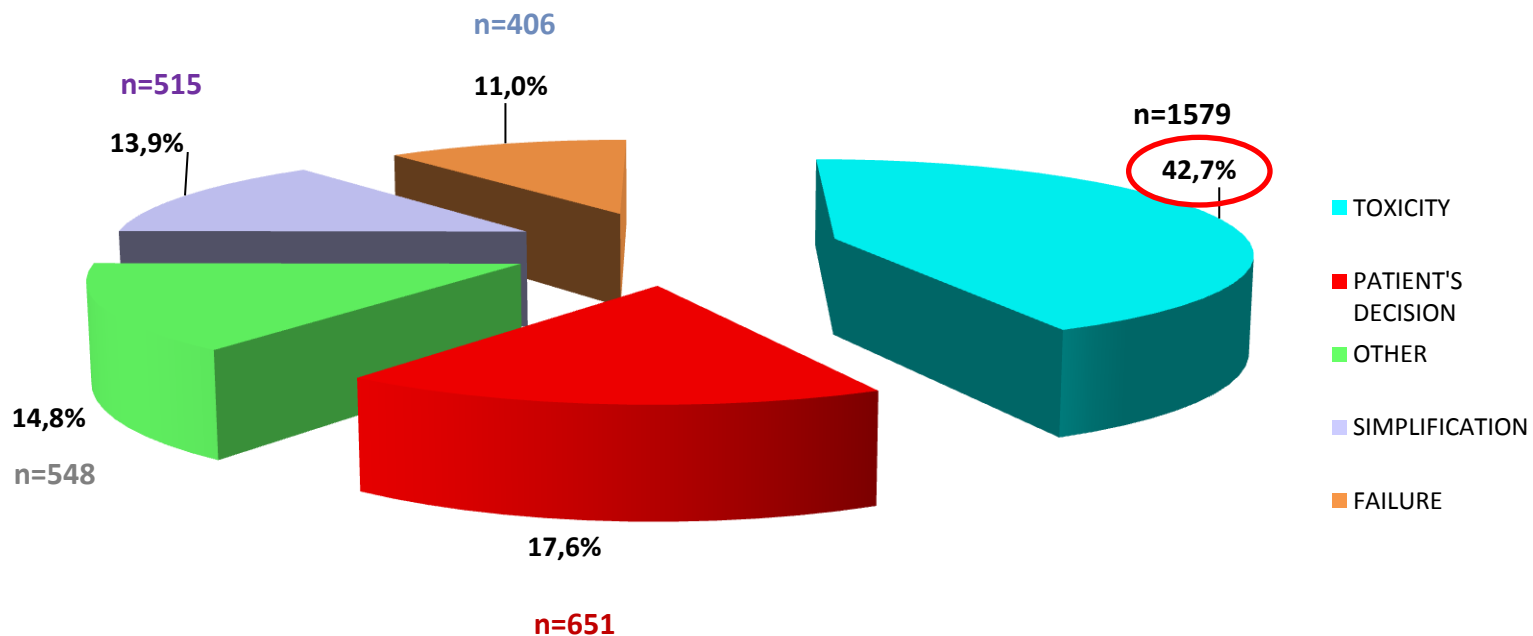
Dipartimento di Malattie Infettive
IRCCS Fondazione Policlinico S.Matteo
Università degli Studi di Pavia



Paestum, 16 maggio 2014

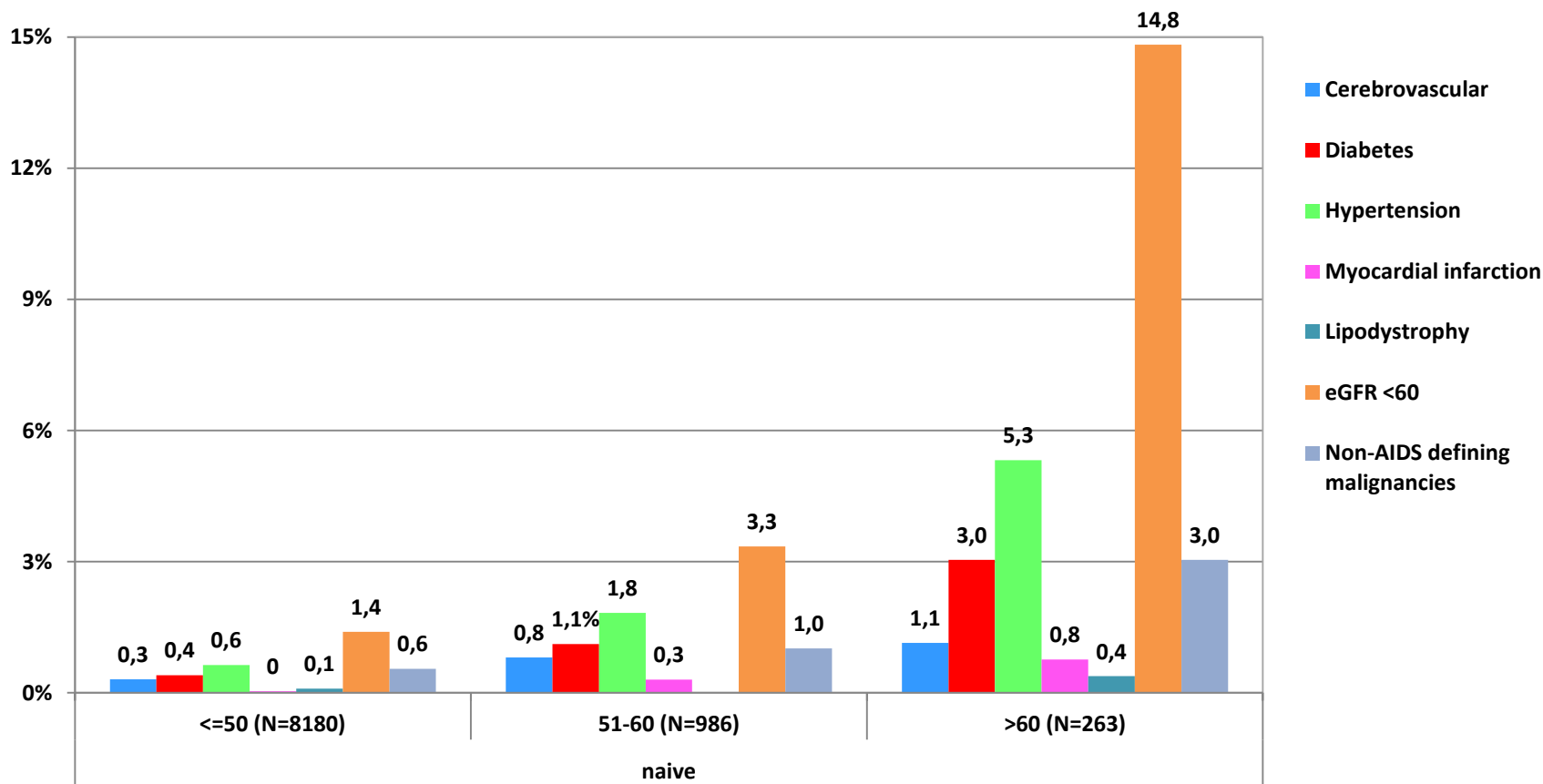


Distribution of reason for ever stopping the drugs included in the first regimen in 3699 patients





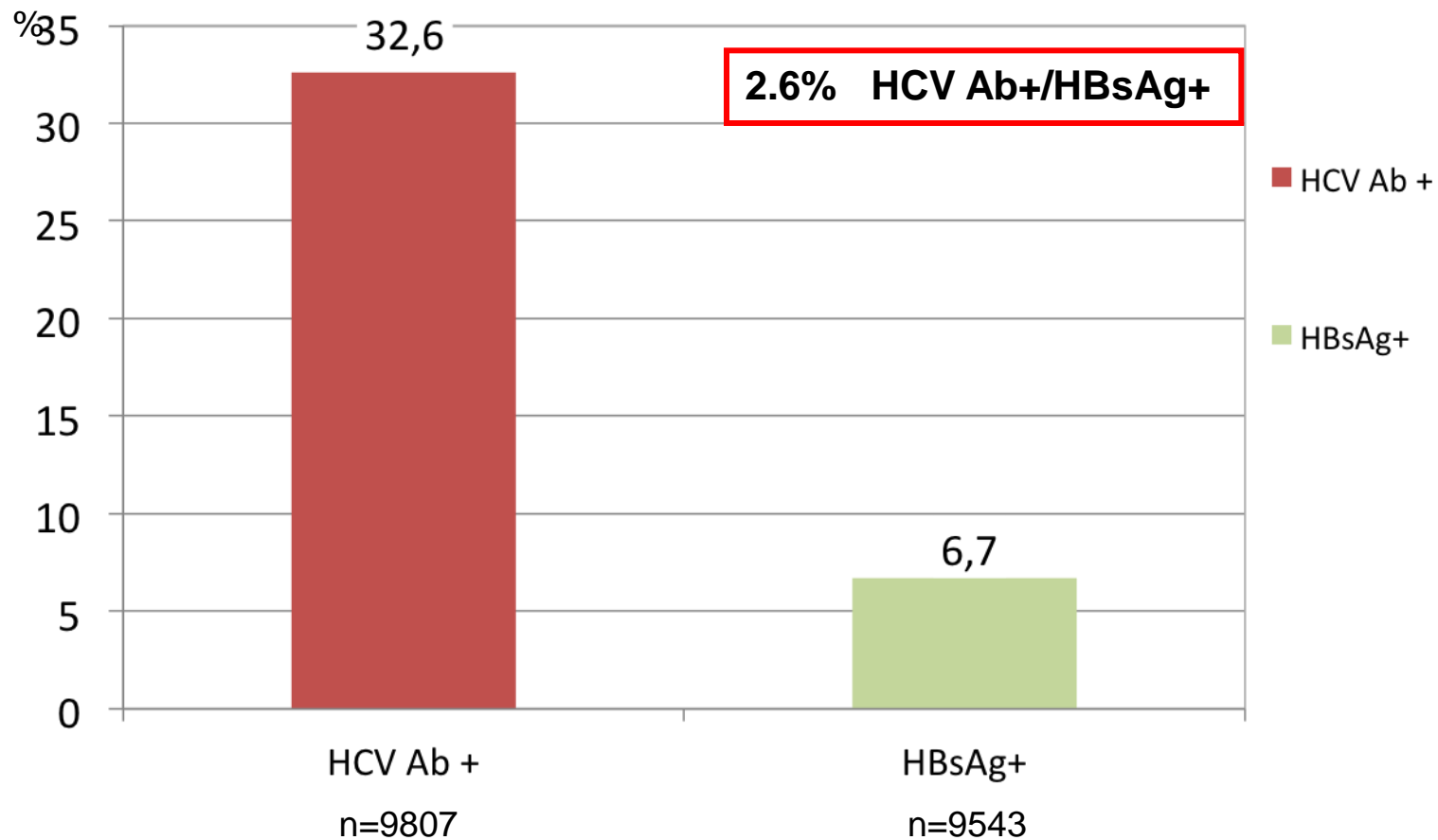
Icona: prevalence of different non-AIDS related comorbidities at different age strata in naive patients



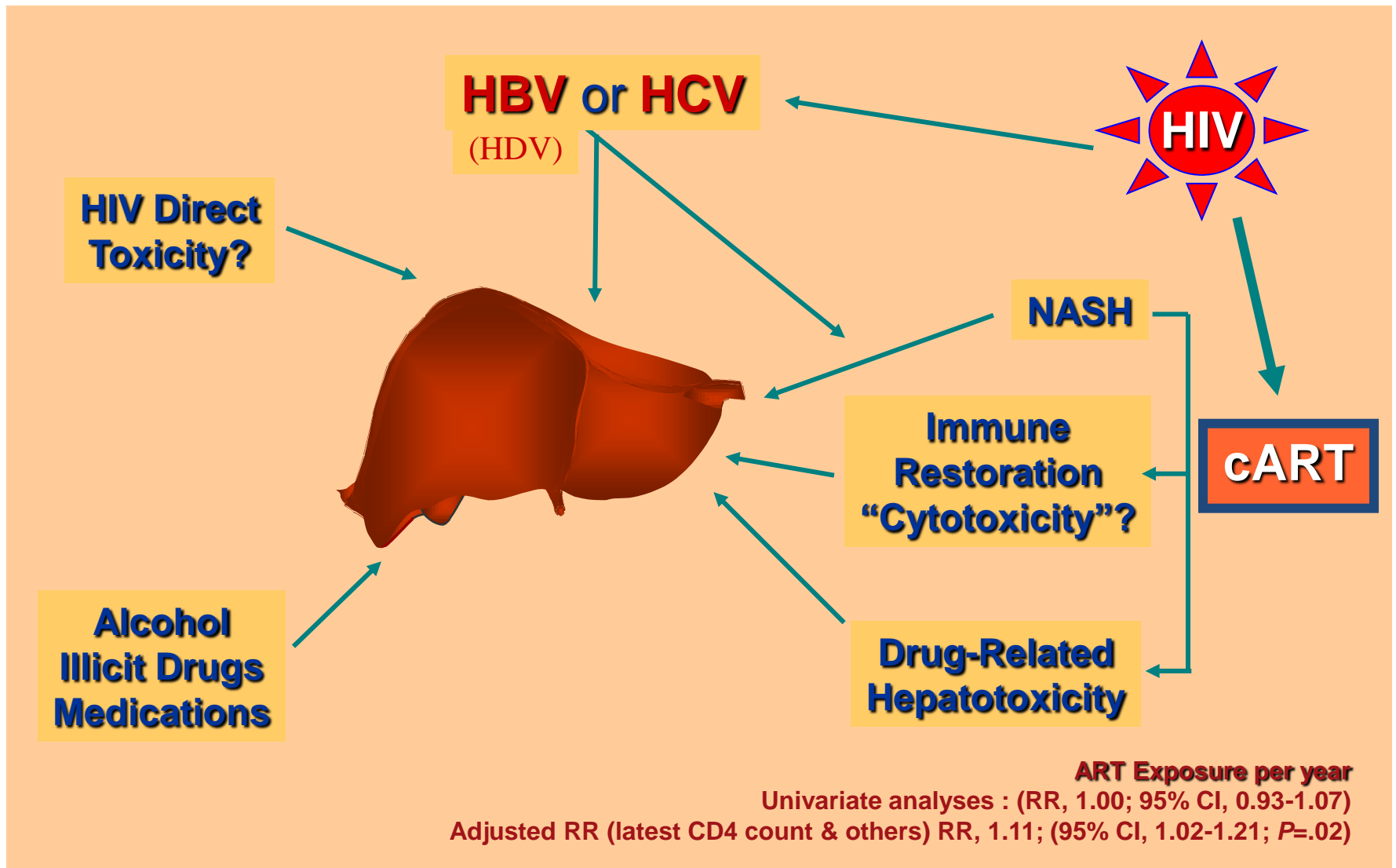
***cART e
tossicità epatica***



HBsAg and HCV Ab positivity in 10986 patients



Factors affecting the liver in HIV patients



DILI: meccanismi di epatotossicità

Table 1. Mechanisms of liver toxicity by antiretroviral class

Mechanisms of HAART-Related Liver Toxicity					
Antiretroviral Class	Hypersensitivity Reactions	Mitochondrial Toxicity	Lipid/Sugar Metabolism Disturbances and Steatosis	Direct Liver Cell Stress	Immune Reconstitution In Viral Hepatitis Coinfection(s)
Nucleos(t)ide reverse transcriptase inhibitors	Abacavir (associated with HLB5701)	Possible for all D-drugs > the others Reported with: Zidovudine Stavudine Didanosine Lamivudine	D-drugs likely Other?	Didanosine	All
Non-nucleoside reverse transcriptase inhibitors	All		Possible for all	Nevirapine Efavirenz	All
Protease inhibitors	Fosamprenavir Darunavir		Possible for all Ritonavir-boosted PIs > non-ritonavir-boosted PIs	Ritonavir Tipranavir	All
Fusion inhibitor					All
CCR5 blocker	Maraviroc				All
Integrase inhibitor					All

D-drugs: dideoxynucleosides (didanosine, stavudine, zalcitabine); zalcitabine has been removed from the market.



Association between dideoxynucleotide analogues (d-Drugs) and End-Stage-Liver-Diseases (ESDL) (D.A.D. Study Group)

Table: Associations between current and cumulative exposure to d-drugs and rate of ESDL

	Rate /1000 PY ^a (95% CI ^a)	Relative rate ^b (95% CI)	Adjusted for:	
			Exposure to other NRTIs, PIs & NNRTIs Relative rate (95% CI)	Exposure to other NRTIs, PIs & NNRTIs & potential confounders ^c Relative rate (95% CI)
Never received d-drugs	0.042 (0.031-0.052)	0.75 (0.41-1.38)	0.74 (0.40-1.36)	1.35 (0.73-2.49)
Currently on d-drugs	0.086 (0.050-0.122)	Ref.	Ref.	Ref.
Stopped d-drugs & off for:				
≥0, <2 years	0.167 (0.111-0.222)	2.28 (1.32-3.94)	2.31 (1.33-4.02)	2.01 (1.17-3.48)
≥2, <4 years	0.144 (0.093-0.196)	1.90 (1.09-3.32)	1.97 (1.12-3.47)	1.91 (1.09-3.36)
≥4, <6 years	0.172 (0.113-0.230)	2.23 (1.29-3.85)	2.38 (1.36-4.16)	2.45 (1.40-4.28)
≥6, <8 years	0.114 (0.066-0.183)	1.51 (0.79-2.86)	1.66 (0.86-3.20)	1.75 (0.91-3.38)
≥8 years	0.067 (0.033-0.119)	0.91 (0.44-1.91)	1.01 (0.47-2.18)	1.09 (0.51-2.36)
Cumulative exposure (/year) to d-drugs	n/a	1.07 (1.01-1.12)	1.07 (1.01-1.14)	1.07 (1.01-1.13)

^aPY: person-years; CI: confidence interval; ^b adjusted for time since stopping d-drug and cumulative exposure to d-drug; ^cAge, injection drug use as mode of HIV acquisition, previous AIDS diagnosis, viral hepatitis C/B coinfection, latest CD4 count, time since stopping d-drug and cumulative exposure to d-drug; no significant associations were seen between ESDL and calendar year, gender, cohort, smoking status, ethnicity or latest HIV RNA level and so models do not include adjustment for these factors.

Conclusions: Cumulative use of d-Drugs, but not other drugs, was associated with increased ESDL rates, which were not reversible upon cessation. The higher rates in those stopping d-drugs may suggest selective discontinuation in those at higher risk of ESDL. Our study suggest that d-drugs may be avoided if possible, particularly in those with viral hepatitis.

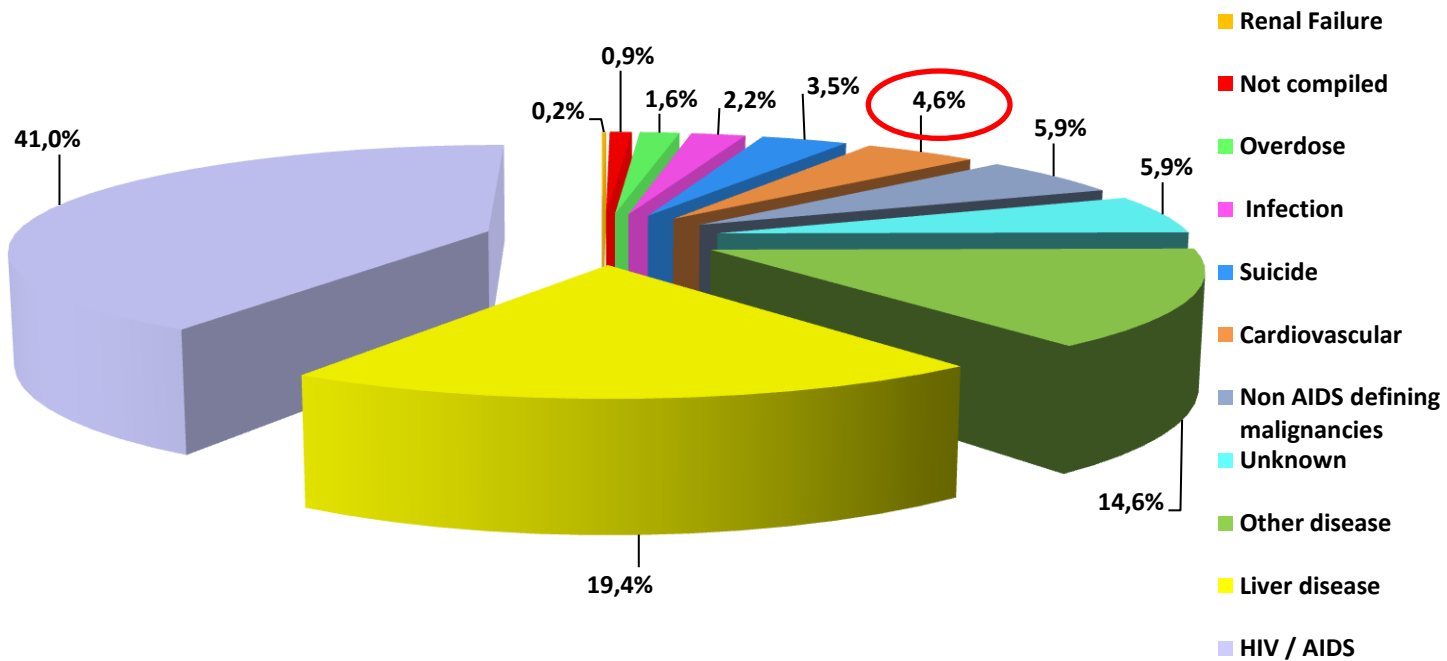
***cART e
rischio cardiovascolare***



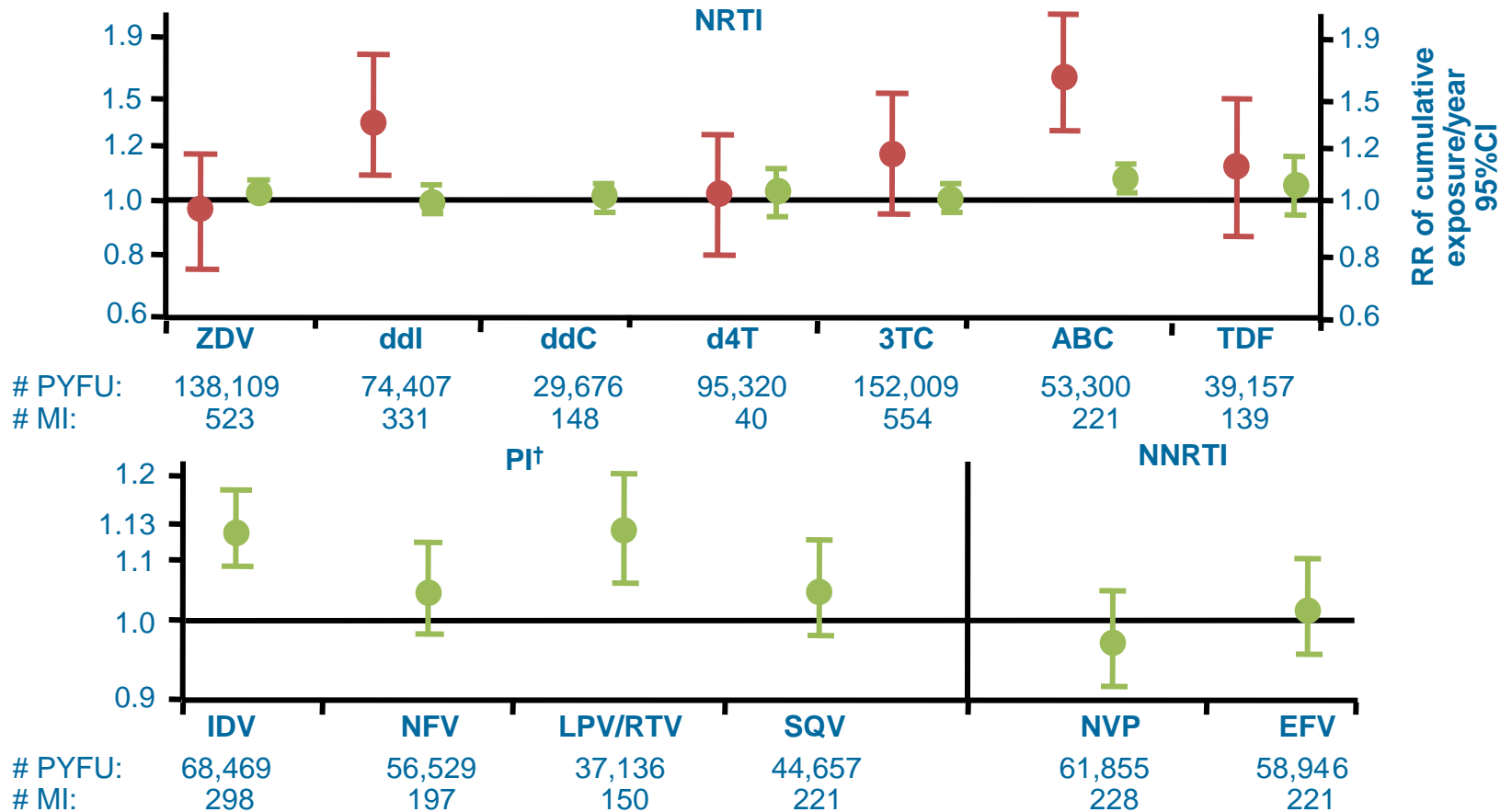
Fondazione Icona

Italian Cohort of Antiretroviral Naive Patients

Cause of death



D:A:D: Recent and/or Cumulative Antiretroviral Exposure and Risk of MI



*Current or within last 6 months. †Approximate test for heterogeneity: $P = 0.02$



FDA Drug Safety Communication: Safety Review update of Abacavir and possible increased risk of heart attack

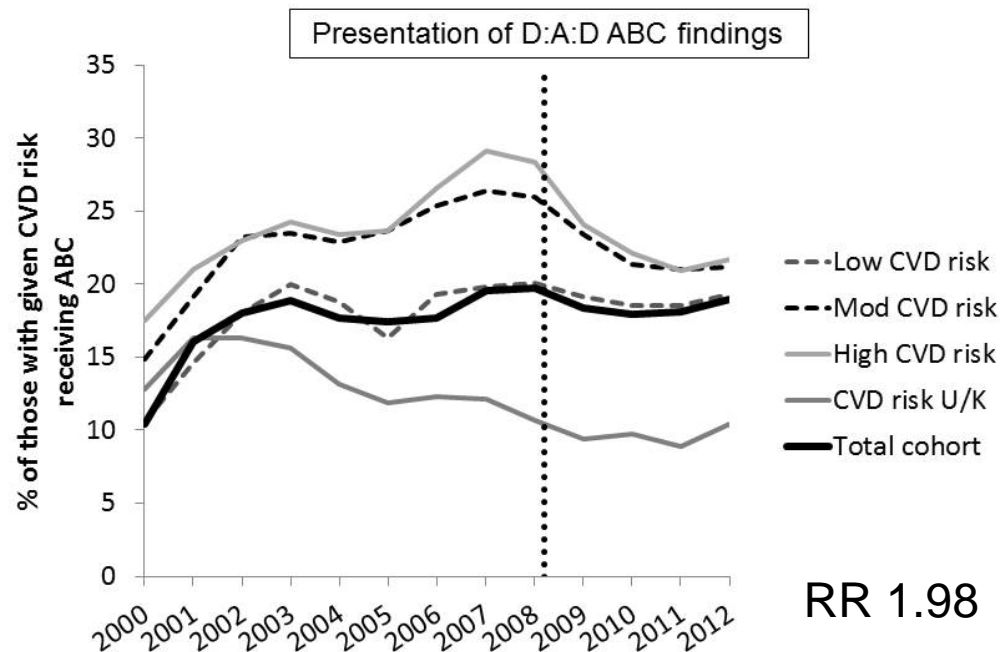
No statistically significant association between MI and the abacavir-containing regimen was detected

- Data from 26 RCTs conducted from 1996 to 2010 (16 trials from the drug manufacturer database, 5 from the AIDS Clinical Trials Group (ACTG), and 5 from academic centers were included in the meta-analysis conducted by FDA.



D.A.D.: Is There Continued Evidence for an Association Between Abacavir and Myocardial Infarction Risk?

Figure: Use of ABC in D:A:D cohort over time



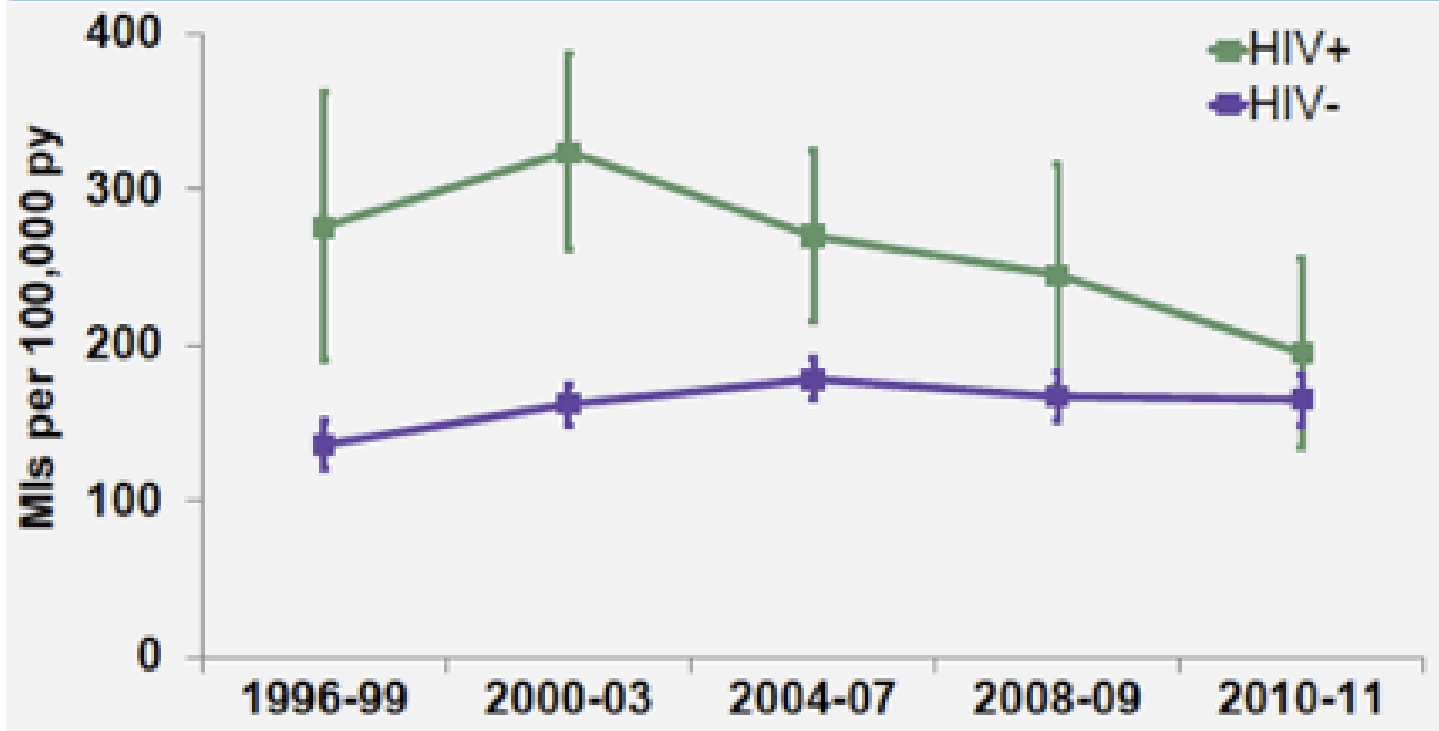
Conclusions: Despite channelling of ABC away from those at higher CVD risk since 2008, we continue to observe an association between ABC use and MI risk.

Whilst confounding cannot be ruled out in any cohort study, this argues against channelling bias as an explanation for our findings



Risk of heart attack and stroke now no different for HIV+ and HIV- patients (Kaiser permanente group)

3. MI rates over time by HIV status



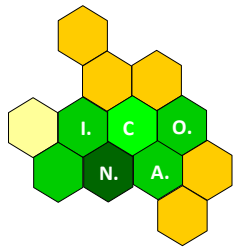


Immunodeficiency and Risk of Myocardial Infarction among HIV-positive 1 Individuals with Access to Care

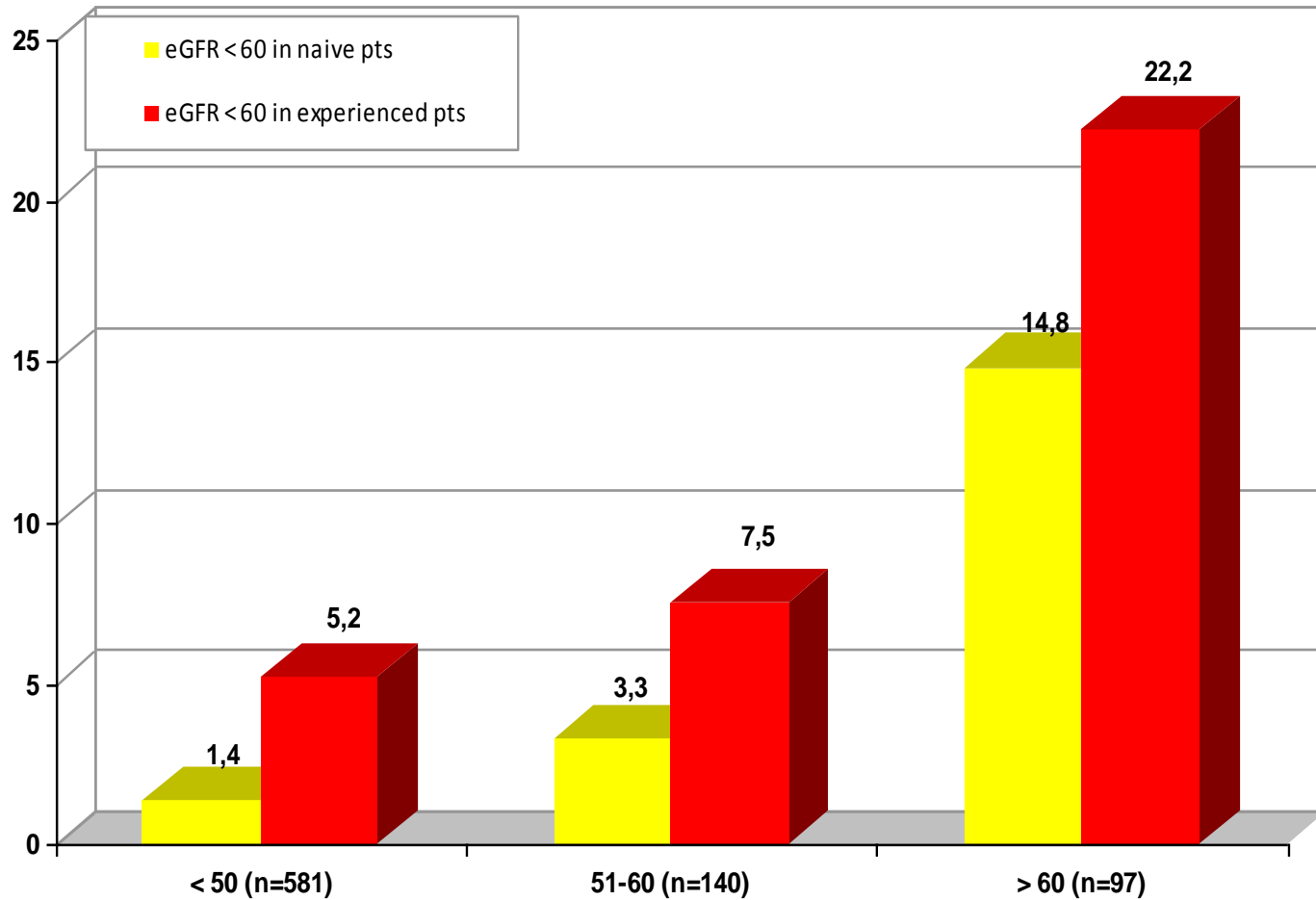
Michael J. Silverberg, PhD, MPH¹, Wendy A. Leyden, MPH¹, Lanfang Xu, MS², Michael A. 6 Horberg, MD MAS³, Chun R. Chao, PhD², William J. Towner, MD⁴, Leo B. Hurley, MPH¹, 7 Charles P. Quesenberry, Jr, PhD¹, and Daniel B. Klein, MD

- **44% increased risk of MIs among HIV+ subjects compared with HIV- subjects**
- **nadir CD4 but not recent CD4, was independently associated with MIs among HIV+ individuals, suggesting the higher MI risk in this population may not be easily reversible**
- **HIV+ subjects with recent or nadir CD4 \geq 500 cells/ μ L had similar MI rates compared with HIV- subjects.**
- **These results strengthen recommendations for earlier ART initiation**

***cART e
tossicità renale***



Icona: prevalence of CKD according to age in naive and experienced patients





Risk Factors for ESRD in HIV-Infected Individuals: Traditional and HIV-Related Factors

Vasanth Jotwani, MD,^{1,2} Yongmei Li, PhD,¹ Carl Grunfeld, MD, PhD,³
 Andy I. Choi, MD, MAS,^{4†} and Michael G. Shlipak, MD, MPH^{1,2}

22,156 HIV-infected veterans in “Veterans’ Affairs medical system” between 1996 and 2004

Table 2. Risk Factors for ESRD in HIV-Infected Veterans

Risk Factors	Multivariate-Adjusted Model ^a		Competing-Risks Analysis ^b	
	HR (95% CI)	P	Sub-HR (95% CI)	P
Baseline age quartile				
<38 y	1.00 (reference)		1.00 (reference)	
38-44 y	0.90 (0.65-1.25)	0.5	0.84 (0.60-1.18)	0.3
45-49 y	0.59 (0.42-0.82)	0.002	0.55 (0.38-0.78)	0.001
≥50 y	0.36 (0.26-0.51)	<0.001	0.33 (0.23-0.48)	<0.001
Race				
White	1.00 (reference)		1.00 (reference)	
Black	3.06 (2.22-4.22)	<0.001	3.24 (2.18-4.82)	<0.001
Baseline hypertension	1.87 (1.46-2.40)	<0.001	2.04 (1.56-2.68)	<0.001
Diabetes	1.69 (1.32-2.16)	<0.001	1.54 (1.15-2.08)	0.004
Cardiovascular disease	2.17 (1.72-2.74)	<0.001	1.78 (1.34-2.36)	<0.001
Dyslipidemia	1.16 (0.91-1.49)	0.2	1.46 (1.11-1.94)	0.007
CD4 count				
>350 cells/μL	1.00 (reference)	—	1.00 (reference)	—
200-350 cells/μL	0.92 (0.65-1.29)	0.6	0.92 (0.64-1.32)	0.7
<200 cells/μL	1.54 (1.17-2.02)	0.002	1.30 (0.97-1.76)	0.08
Viral load				
<500 copies/mL	1.00 (reference)	—	1.00 (reference)	—
500-3,999 copies/mL	0.89 (0.60-1.32)	0.6	0.81 (0.52-1.27)	0.4
4,000-29,999 copies/mL	1.42 (0.99-2.03)	0.06	1.28 (0.88-1.87)	0.2
≥30,000 copies/mL	2.01 (1.46-2.76)	<0.001	1.44 (1.02-2.03)	0.04
Hepatitis C virus	1.90 (1.52-2.38)	<0.001	1.95 (1.53-2.50)	<0.001
Hypoalbuminemia ^c	2.14 (1.80-2.54)	<0.001	1.99 (1.69-2.34)	<0.001
Baseline eGFR				
≥60 mL/min/1.73 m ²	1.00 (reference)	—	1.00 (reference)	—
30-59 mL/min/1.73 m ²	6.43 (4.81-8.58)	<0.001	5.24 (3.72-7.39)	<0.001
<30 mL/min/1.73 m ²	28.09 (20.29-38.88)	<0.001	20.87 (13.73-31.73)	<0.001
Baseline proteinuria				
0 mg/dL	1.00 (reference)		1.00 (reference)	
30-100 mg/dL	5.63 (4.29-7.38)	<0.001	5.25 (3.88-7.11)	<0.001
300-1,000 mg/dL	18.09 (12.96-25.23)	<0.001	18.26 (12.40-26.89)	<0.001

Abbreviations: ACE, angiotensin-converting enzyme inhibitor; CI, confidence interval; eGFR, estimated glomerular filtration rate; ESRD, end-stage renal disease; HIV, human immunodeficiency virus; HR, hazard ratio.

^aProportional hazards multivariate analysis adjusted for baseline age, race, body mass index, baseline eGFR, baseline proteinuria, baseline hypertension, diabetes, cardiovascular disease, CD4 lymphocyte count, HIV viral load, hepatitis C infection, hypoalbuminemia (serum albumin <3.5 mg/dL), and receipt of ACE inhibitor.

^bAdjustment for the competing risk of death using Fine-Gray analysis. Competing-risks model estimates sub-HR for ESRD accounting for competing risk of death before ESRD.

^cSerum albumin level <3.5 mg/dL.



Evaluation of glomerular filtration rate in HIV-1-infected patients before and after combined antiretroviral therapy exposure*

F Tordato,1 A Cozzi Lepri,2 P Cicconi,1 A De Luca,3 A Antinori,4 V Colangeli,5 A Castagna,6 P Nasta,7 N Ladisa,8 A Giacometti,9 A d'Arminio Monforte1 and A Gori1,10 for the ICONA Foundation Study Group

HIV Medicine (2011), 12, 4–13

1505 Patient characteristics according to estimated glomerular filtration rate (eGFR) at baseline and factors associated with an eGFR <90 mL/min per 1.73 m² at baseline from fitting a logistic regression model

Characteristic	eGFR ≥ 90 mL/min/1.73 m ²	eGFR < 90 mL/min/1.73 m ²	Crude OR (95% CI)	P-value	Adjusted OR (95% CI)	P-value
Number of patients	1142	363 24%				
Age (years)						
Median (IQR)	38 (32, 43)	40 (36, 46)				
Per 10 years older			1.50 (1.32, 1.71)	0.000001	1.58 (1.37, 1.82)	0.000001
Gender [n (%)]						
Male	858 (75.1)	224 (61.7)	1.00		1.00	
Female	284 (24.9)	139 (38.3)	1.87 (1.46, 2.41)	0.000001	2.41 (1.75, 3.31)	0.000001

Conclusions

We observed a relatively high rate of mild renal dysfunction in the absence of ART. In addition to traditional risk factors such as older age and diabetes/hypertension, female gender and current use of ddI, tenofovir and protease inhibitors were associated with a greater risk of decreased renal function as measured by eGFR.



Association of tenofovir exposure with kidney disease risk in HIV infection

Rebecca Scherzer^a, Michelle Estrella^b, Yongmei Li^a, Steven G. Deeks^c, Carl Grunfeld^a and Michael G. Shlipak^a

AIDS 2012, **26**:867–875

10,841 from the Veterans Health Administration who initiated ART from 1997–2007

Table 4. Association of cumulative antiretroviral exposure (per year) with risk^a of kidney disease outcomes, ordered by prevalence of use.

Antiretroviral	% of participants with any exposure (10,841 study)	Proteinuria		Rapid Decline ^c		Chronic Kidney Disease	
		Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value
Tenofovir	39.7	1.34 (1.25, 1.45)	<0.0001	1.11 (1.03, 1.18)	0.0033	1.33 (1.18, 1.51)	<0.0001
Lamivudine	89.5	0.98 (0.94, 1.03)	0.50	1.02 (0.97, 1.06)	0.44	0.93 (0.85, 1.02)	0.11
Zidovudine	68.3	0.98 (0.93, 1.03)	0.42	0.98 (0.93, 1.02)	0.29	0.89 (0.81, 0.98)	0.020
Efavirenz	49.0	0.94 (0.90, 0.99)	0.026	1.01 (0.97, 1.05)	0.64	0.88 (0.79, 0.98)	0.018
Stavudine	43.0	1.02 (0.97, 1.07)	0.54	1.02 (0.97, 1.06)	0.43	0.98 (0.89, 1.07)	0.61
Ritonavir ^b	35.7	1.18 (1.09, 1.27)	<0.0001	0.96 (0.89, 1.04)	0.34	0.97 (0.84, 1.14)	0.74
Nelfinavir	31.6	0.99 (0.95, 1.04)	0.68	1.02 (0.98, 1.06)	0.39	1.01 (0.92, 1.11)	0.76
Abacavir	29.6	1.01 (0.96, 1.07)	0.73	1.01 (0.96, 1.06)	0.65	1.07 (0.97, 1.18)	0.20
Indinavir	24.6	1.04 (0.99, 1.09)	0.15	0.99 (0.95, 1.04)	0.67	1.16 (1.06, 1.27)	0.0019
Didanosine	23.0	0.94 (0.88, 1.00)	0.051	0.98 (0.93, 1.04)	0.49	0.95 (0.84, 1.07)	0.37
Nevirapine	22.8	1.01 (0.96, 1.06)	0.69	1.02 (0.97, 1.06)	0.52	0.93 (0.84, 1.03)	0.18
Atazanavir	17.1	0.93 (0.79, 1.08)	0.34	1.22 (1.07, 1.40)	0.0035	0.96 (0.77, 1.18)	0.69
Lopinavir/r	15.3	0.77 (0.68, 0.86)	<0.0001	1.05 (0.94, 1.17)	0.39	1.21 (0.91, 1.60)	0.18
Saquinavir	10.7	0.91 (0.83, 0.99)	0.035	1.00 (0.92, 1.08)	0.97	0.89 (0.72, 1.09)	0.24
Amprenavir	4.3	0.90 (0.78, 1.05)	0.20	1.03 (0.90, 1.18)	0.67	1.17 (0.94, 1.46)	0.16
Fosamprenavir	3.3	0.91 (0.63, 1.32)	0.63	1.29 (0.90, 1.85)	0.16	1.00 (0.67, 1.47)	0.98
Zalcitabine	1.5	1.11 (0.92, 1.35)	0.29	0.91 (0.72, 1.14)	0.41	1.24 (0.70, 2.19)	0.46
Delavirdine	1.5	1.10 (0.90, 1.35)	0.35	0.85 (0.66, 1.10)	0.21	1.24 (0.84, 1.81)	0.28
Tipranavir	0.6	0.87 (0.29, 2.68)	0.81	0.34 (0.05, 2.34)	0.27	0.06 (0.00, 66.0)	0.43

Conclusions: Tenofovir exposure was independently associated with increased risk for three types of kidney disease events, and did not appear to be reversible. Because subtle kidney function decline affects long-term morbidity and mortality, the balance between efficacy and probable adverse effects requires further study.



Exposure to Antiretrovirals (ARVs) and Risk of Renal Impairment among HIVpositive Persons with Normal Baseline Renal Function: the D:A:D study

Lene Ryom¹, Amanda Mocroft², Ole Kirk^{1,8}, Signe W Worm¹, David A Kamara², Peter Reiss³, Michael Ross⁴, Christoph A Fux⁵, Philippe Morlat⁶, Olivier Moranne⁷, Colette Smith² and Jens D Lundgren^{1,8} on behalf of the D:A:D study group

© The Author 2013. Published by Oxford University Press on behalf of the Infectious Diseases Society of America. All rights reserved. For Permissions, please e-mail: journals.permissions@oup.com

Also: CROI 2013 Atranta. Paper # 810

22,603 pazienti della Coorte DAD (49,734), quelli con almeno 3 misurazioni di creatinina disponibili. e una eGFR > 90 di baseline. Vennero quindi automaticamente **esclusi** gli AA, HCV, HBV, fumatori, AIDS, CVD, DM, IA, IDU. Quindi la **coorte analizzata** era prevalentemente rappresentata da maschi bianchi con età media di 39 anni (IQR 33-44) e MSM

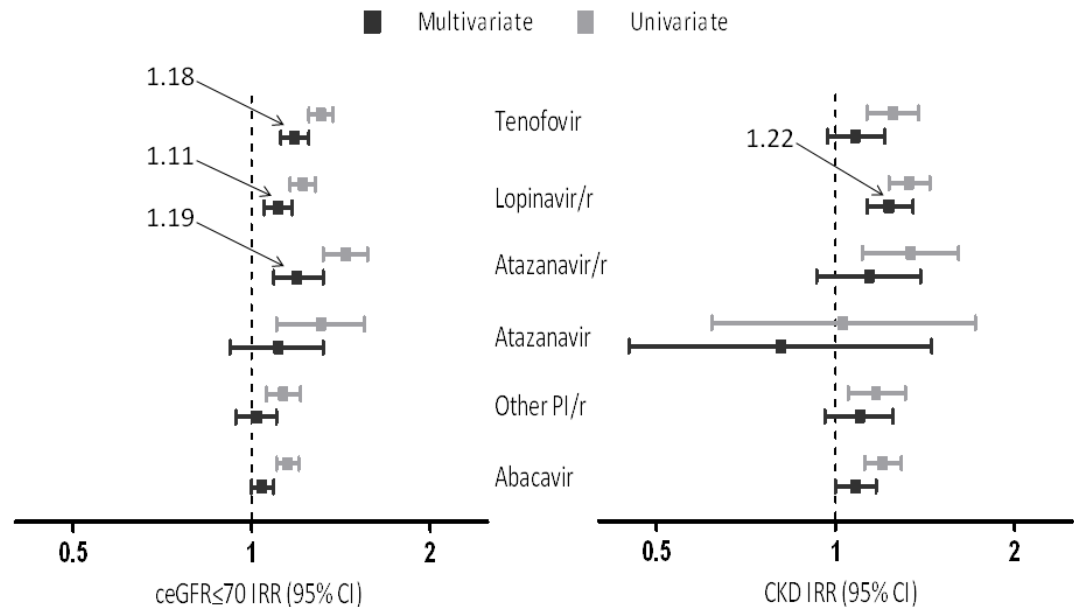


Figure 2. ARV exposure (per year) & incidence rate ratios of confirmed eGFR < 70 & CKD from eGFR > 90

Models adjusted for baseline eGFR (per 5 ml/min higher), age (per 10 years), gender, ethnicity (Caucasian, of African origin, unknown), HIV mode of transmission (MSM, heterosexual, intravenous drug use (IDU), unknown or other), CD4 nadir, enrolment cohort, baseline date. Prior AIDS, HCV (defined by anti-HCV and HCV-RNA positive/unknown) +, HBV (defined by HBsAg positive, HBeAg positive or HBV-DNA positive/anti-HBe positive) +, smoking status +, hypertension +, diabetes +, CVD +, CD4 (per doubling) +, Viral load (per log 10 increase) +, and cumulative exposure (per year) + to ATV, ATV/r, LPV/r, TDF, ABC, IDV and other PI/r. + included as time-updated variables.



Exposure to Antiretrovirals (ARVs) and Risk of Renal Impairment among HIVpositive Persons with Normal Baseline Renal Function: the D:A:D study

Lene Ryom¹, Amanda Mocroft², Ole Kirk^{1,8}, Signe W Worm¹, David A Kamara², Peter Reiss³, Michael Ross⁴, Christoph A Fux⁵, Philippe Morlat⁶, Olivier Moranne⁷, Colette Smith² and Jens D Lundgren^{1,8} on behalf of the D:A:D study group

© The Author 2013. Published by Oxford University Press on behalf of the Infectious Diseases Society of America. All rights reserved. For Permissions, please e-mail: journals.permissions@oup.com

Also: CROI 2013 Atlanta. Paper # 810

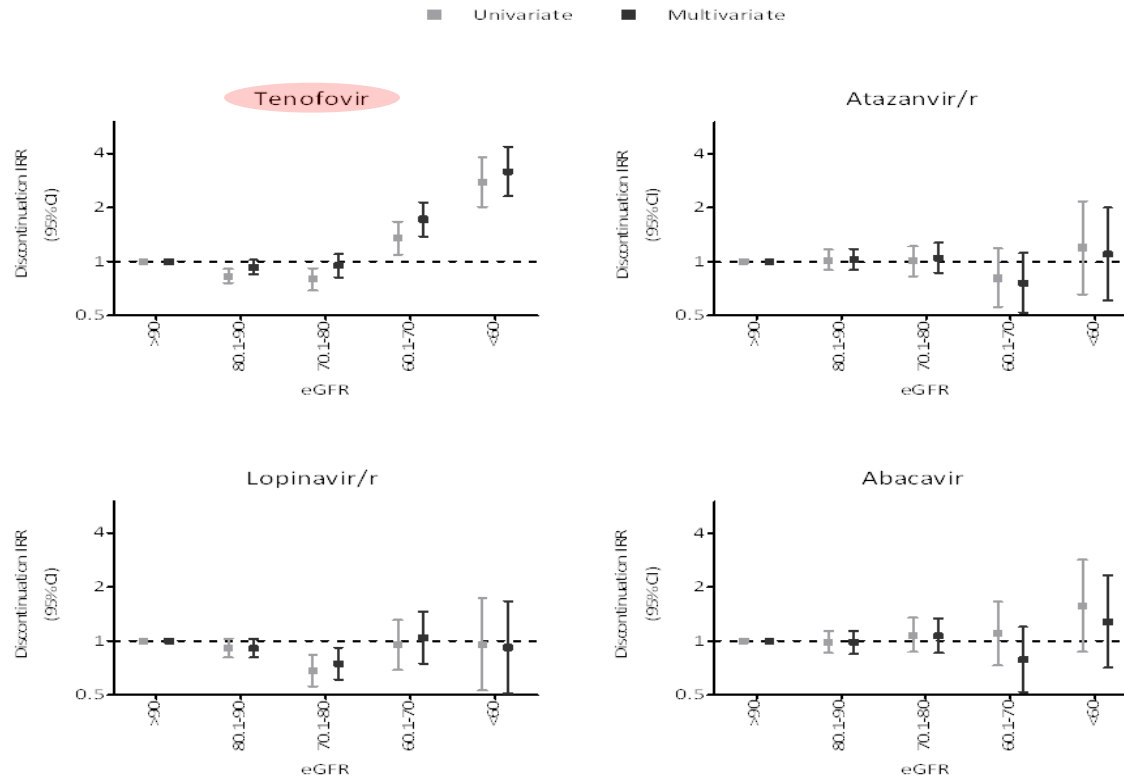


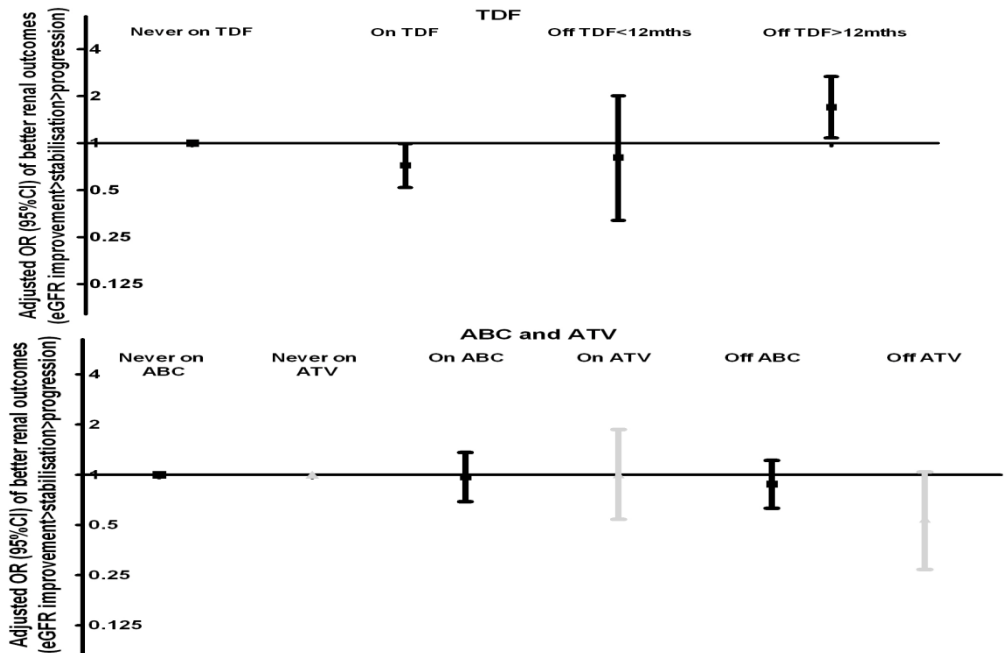
Figure 1. ARV discontinuation rates & eGFR levels

Models adjusted for baseline eGFR (per 5 ml/min higher), age (per 10 years), gender, ethnicity (Caucasian, of African origin, unknown), HIV mode of transmission (MSM, heterosexual, intravenous drug use (IDU), unknown or other), CD4 nadir, enrolment cohort, baseline date. Prior AIDS, HCV (defined by anti-HCV and HCV-RNA positive/unknown) +, HBV (defined by HBsAg positive, HBeAg positive or HBV-DNA positive/anti-HBe positive) +, smoking status +, hypertension +, diabetes +, CVD +, CD4 (per doubling) +. Viral load (per log 10 increase) +, and cumulative exposure (per year) + to ATV, ATV/r, LPV/r, TDF, ABC, IDV and other PI/r. + included as time-updated variables



Predictors of Progression, Stabilisation, or Improvement of eGFR After Chronic Renal Impairment (D.A.D. Study Group)

ARV Use at CRI and Adjusted Odds Ratios of Better Renal Outcomes



CRI: chronic renal impairment (confirmed eGFR <70). Models adjusted for gender, age, Nadir CD4, baseline CD4, date of CRI, eGFR at CRI, eGFR slope prior to CRI, HCV status (unknown, negative, positive; anti-HCV positive & HCV-RNA positive/unknown), diabetes (no, yes<5 years, yes>5 years), hypertension (>150/>100), prior cardiovascular disease, use (never on, currently on, currently off) of TDF, ATV/r, ATV, LPV/r, other PI/r and ABC. Indinavir use after 2004 was limited and use was only included to account for possible confounding.

Conclusions: Use of TDF, ATV/r, LPV/r and other PI/r, older age, diabetes and slowly declining eGFR were associated with decreased odds of better eGFR outcomes in HIV-positive persons after CRI. TDF discontinuation prior to CRI was associated with better eGFR outcomes, suggesting TDF associated eGFR decline may be halted or reversed with early cessation. There was some suggestion that this may also be true for ATV/r, LPV/r and other PI/r.



Abstract #: R-152

Reversibility of tenofovir-associated decline in renal function



Sophie Jose¹, Lisa Hamzah², Lucy Campbell², Dorothea Nitsch³, Rachael Jones⁴, Caroline Sabin¹ and Frank Post² for the UK Collaborative HIV Cohort (CHIC) Study
¹UCL Medical School, Royal Free Campus, London, UK; ²Kings College London, London, UK; ³London School of Hygiene and Tropical Medicine, London, UK; ⁴Chelsea and Westminster NHS Trust, London UK

Paper # 813

Journal of Infectious Diseases Advance Access published February 28, 2014

UK Collaborative HIV Cohort (CHIC) : 2610 patients discontinued TDF, of whom 696 (80% male, 69% white, median age 4) had sufficient data to assess reversibility

Table 3: Factors associated with incomplete eGFR recovery

	Univariable			Multivariable		
	OR	CI	P	OR	CI	P
eGFR at TDF start per 10ml/min ↑	1.48	(1.03, 2.13)	0.033	2.76	(2.11, 3.62)	<0.0001
eGFR at TDF stop per 10ml/min ↑	0.73	(0.66, 0.81)	<0.0001	0.48	(0.40, 0.59)	<0.0001
Time on TDF (years)	1.36	(1.20, 1.54)	<0.0001	1.42	(1.21, 1.68)	<0.0001
Rapid decline on TDF (Yes vs. No)	4.66	(2.84, 7.66)	<0.0001	2.13	(1.12, 4.05)	0.022
Age (10 years)	1.53	(1.22, 1.92)	0.0002	1.78	(1.26, 2.54)	0.002

Covariates considered for multivariable analyses were: age; sex; ethnicity; exposure; antiretroviral-naïve status at TDF start; eGFR at TDF start; eGFR at discontinuation; time exposed to TDF; CKD; rapid eGFR decline; pre-TDF eGFR slope; during-TDF eGFR slope.

Conclusions:

In patients who discontinued TDF, eGFR recovery was incomplete in **9.2%** of patients with available data.

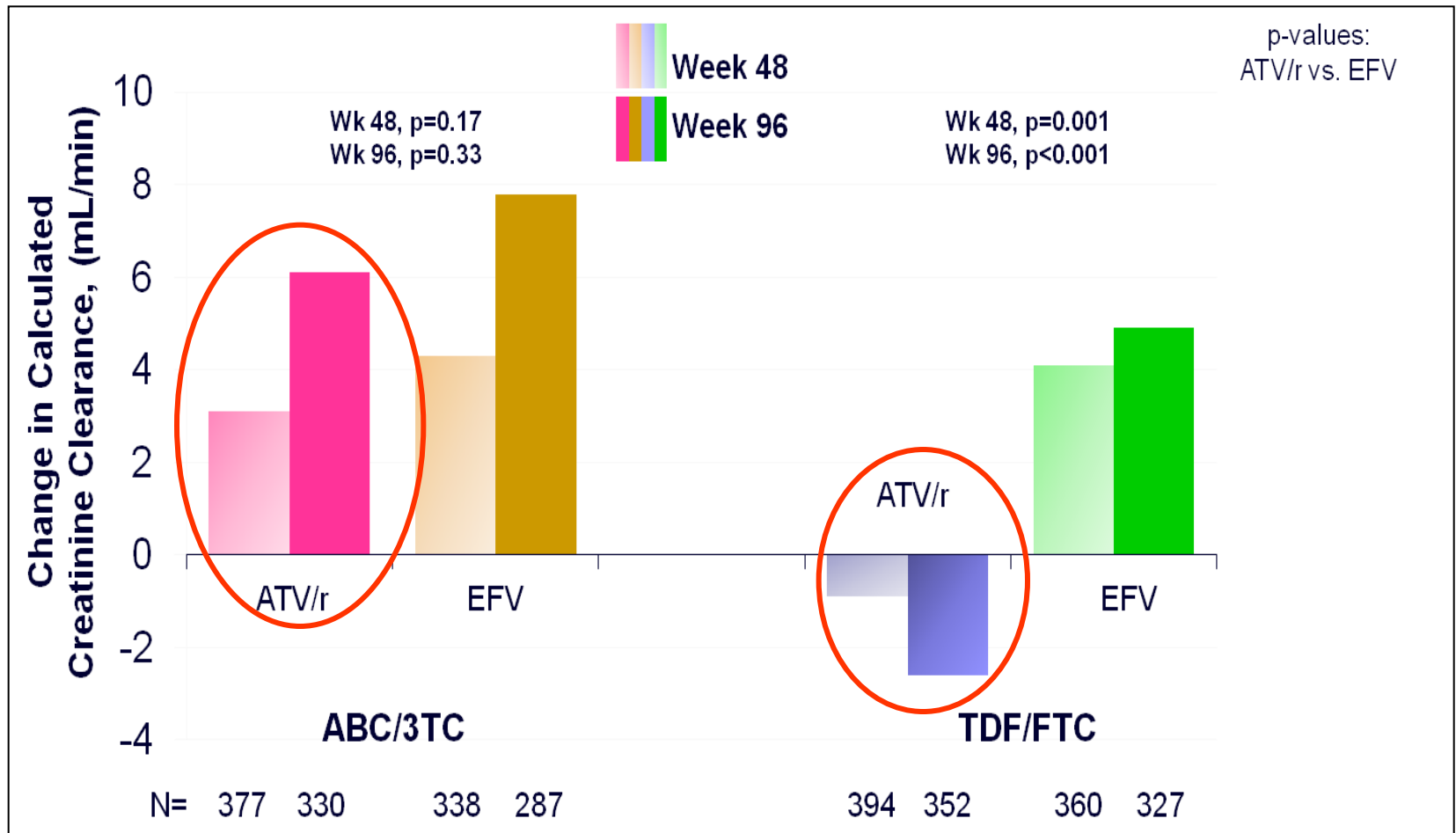
While this may reflect underlying CKD, alternatives to TDF should be considered in patients with progressive eGFR decline.

Factors associated with incomplete eGFR recovery were: a **high eGFR at TDF start**, a **lower eGFR at TDF discontinuation**, **longer time exposed to TDF**, **rapid decline on TDF** and **older age**.

ACTG 5202 - ATV/r vs. EFV

Median Change in Creatinine Clearance

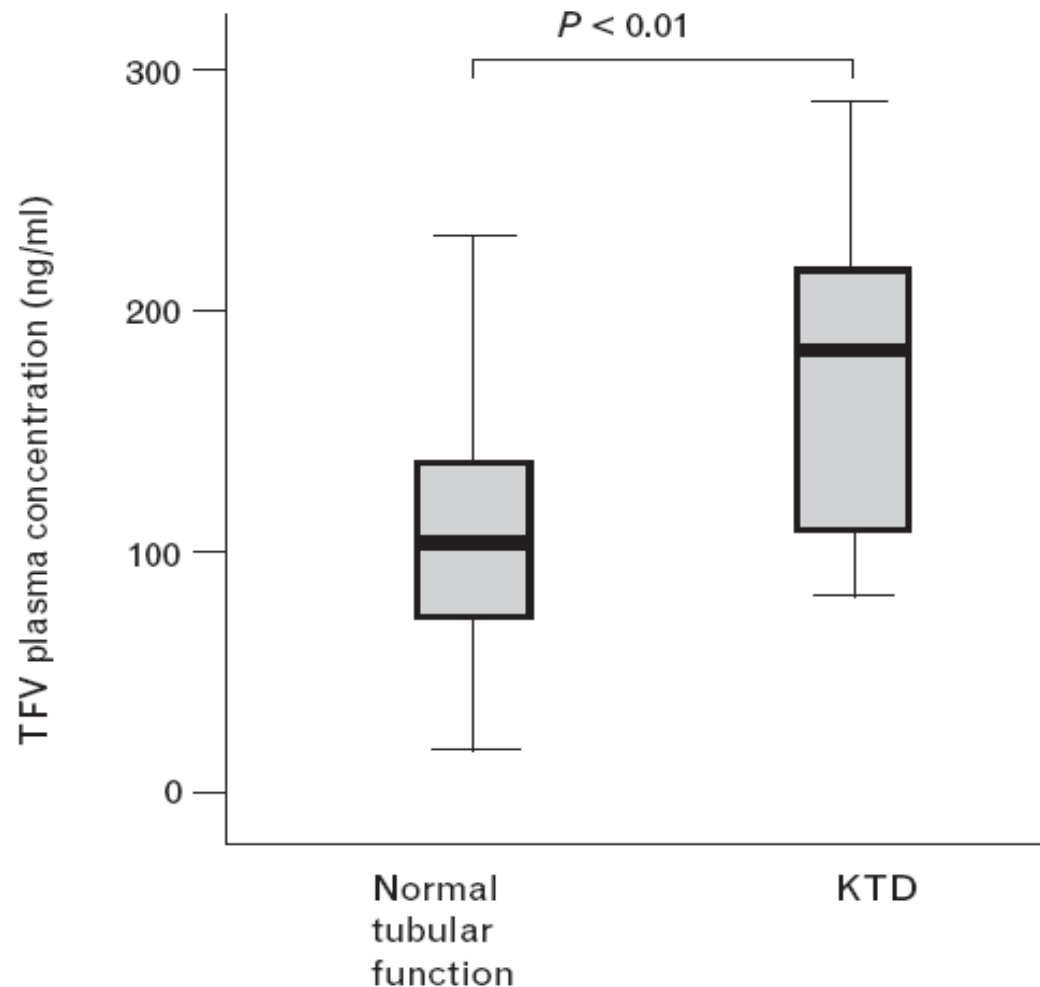
End of study: all patients (as treated)



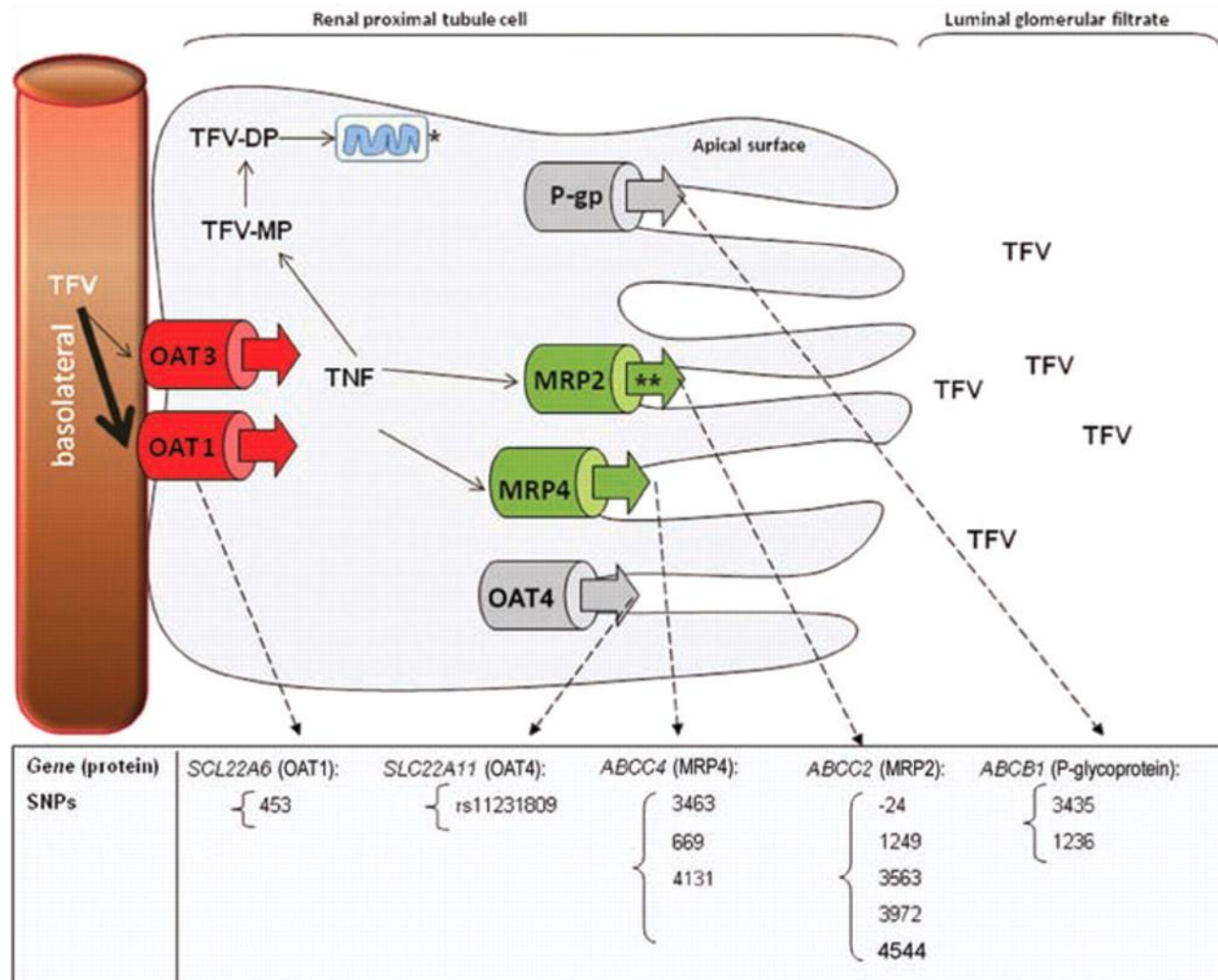


Impairment in kidney tubular function in patients receiving tenofovir is associated with higher tenofovir plasma concentrations

Sonia Rodríguez-Nóvoa^a, Pablo Labarga^a, Antonio D'Avolio^b, Pablo Barreiro^a, Marta Albalade^c, Eugenia Vispo^a, Carmen Solera^a, Marco Siccardi^b, Stefano Bonora^b, Giovanni Di Perri^b and Vincent Soriano^a

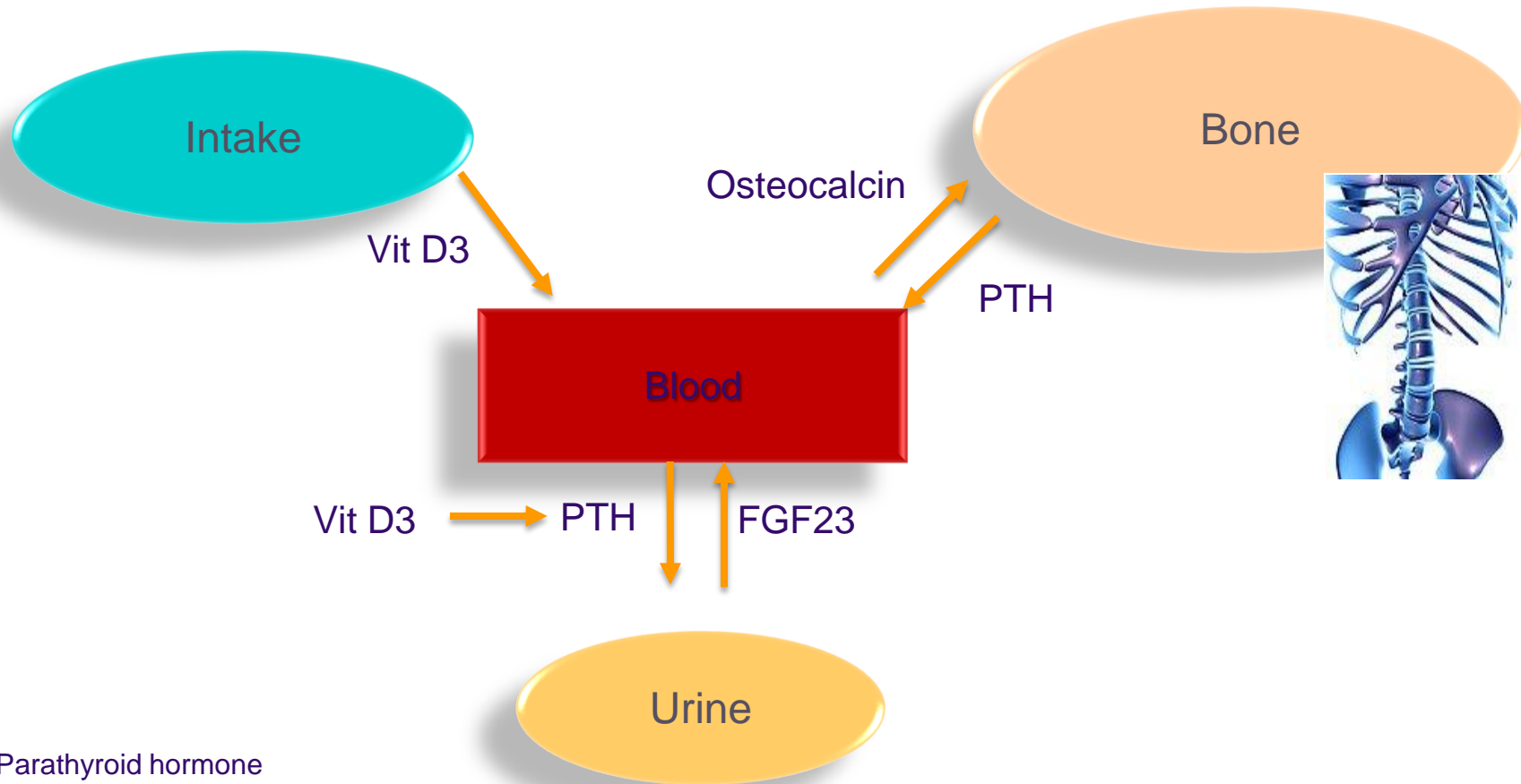


Predictors of Kidney Tubular Dysfunction in HIV-Infected Patients Treated with Tenofovir: A Pharmacogenetic Study



Protein transporters involved in tenofovir (TFV) elimination at basolateral and luminal surface of the proximal renal tubule.

Tubular lesions can be associated with Phosphaturia

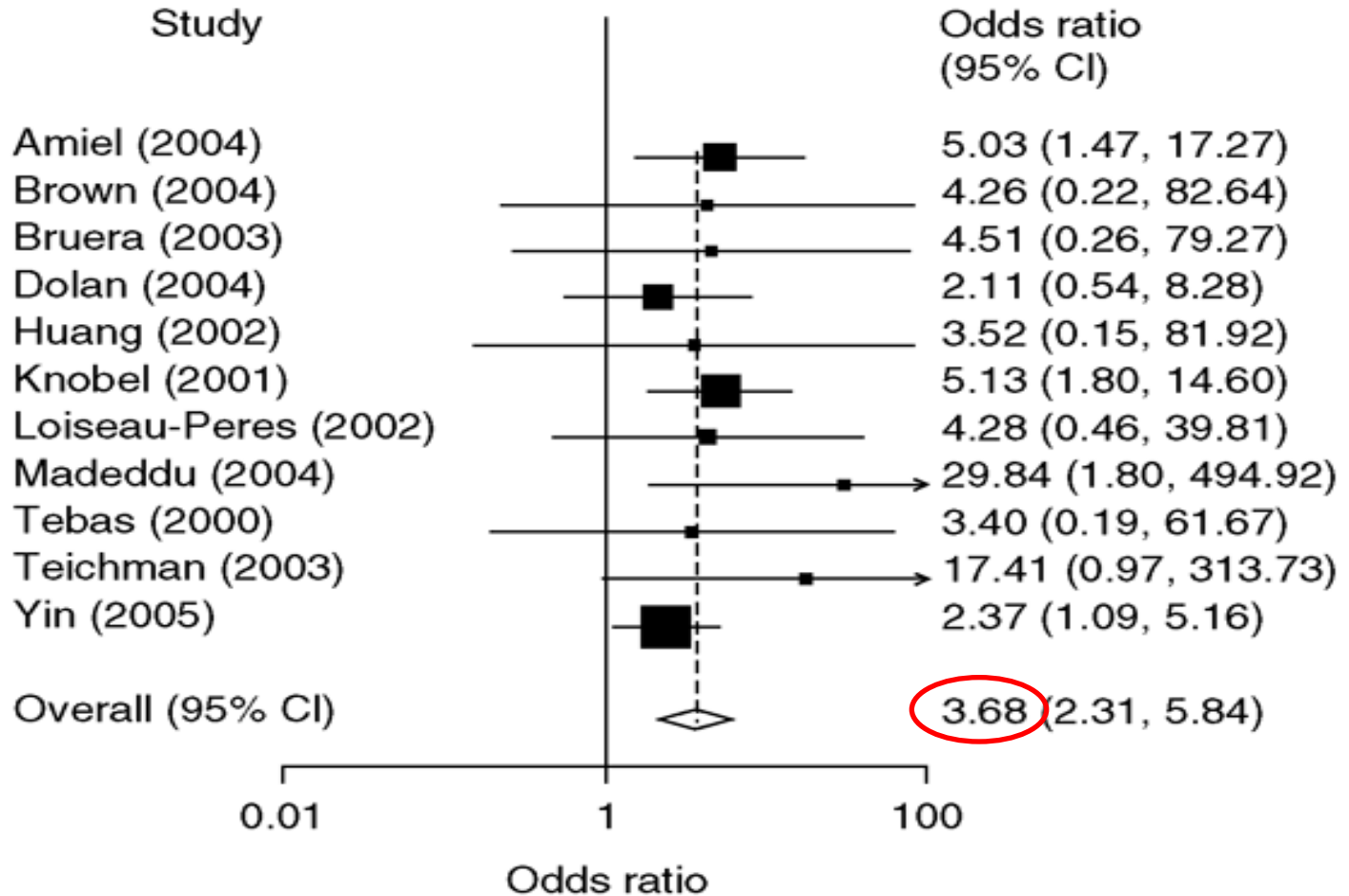


PTH=Parathyroid hormone
FGF=Fibroblast growth factor

***cART e
alterazione dell'omeostasi ossea***



Odds of osteoporosis in HIV-infected patients compared with HIV-uninfected controls





Low Bone Mineral Density is Associated with Increased Risk of Incident Fracture in HIV-infected Adults (HOPS & SUN Studies)

Table 4: Factors associated with incident fracture among the cohort (N=1,008 patients, 95 incident fractures)

Independent variables	Univariate HR (95% CI)	Multivariable HR (95% CI)
Age (per 10 years)	1.41 (1.13-1.76)*	1.35 (1.07-1.70)*
CD4+ count (per 100 cells/mm ³)	1.04 (0.97-1.11)	
Nadir CD4+ count (per 100 cells/mm ³)	1.00 (0.88-1.14)	
Female sex	0.66 (0.37-1.19)	
IDU HIV risk (vs. MSM HIV risk)	1.38 (0.66-2.87)	
Public insurance (vs. private/other)	1.26 (0.82-1.93)	
Hepatitis C	1.64 (0.99-2.71)	
Current/prior tobacco smoker	1.60 (1.05-2.44)*	1.53 (1.01-2.34)*
Osteopenia (hip T-score < -1.0)	1.21 (0.79-1.85)	1.04 (0.67-1.62)
Osteoporosis* (hip T-score < -2.5)	3.98 (1.96-8.11)*	3.03 (1.46-6.29)*

* p-value < 0.05

Abbreviations: HR, hazard ratio; CI, confidence interval; IDU, intravenous drug use; MSM, men who have sex with men.

Conclusions: In a large convenience sample of relatively young HIV-infected adults in the U.S., low baseline BMD and increasing age were strongly associated with elevated risk of incident fracture, highlighting the **potential value of DEXA screening** in this population..

Battalora, L. et al. CROI 2014. Abstract 781

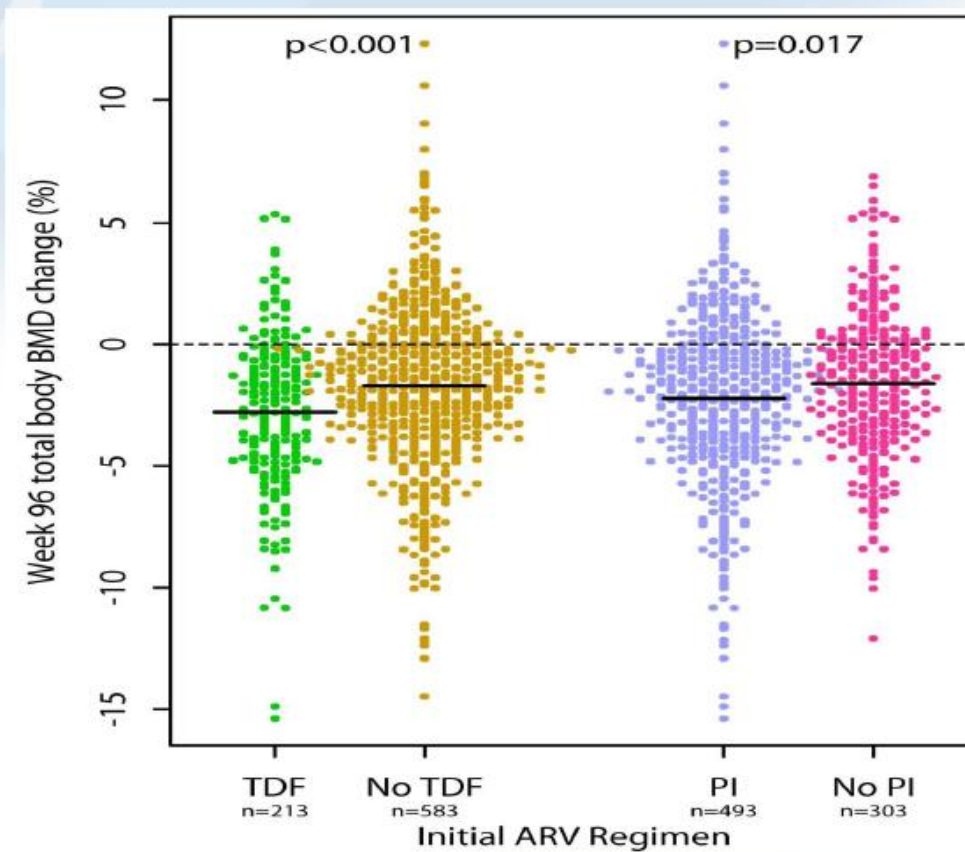
2013

20th Conference on Retroviruses and Opportunistic Infections

March 3-6, 2013 Georgia World Congress Center, Atlanta



Combined Analysis of ART-initiation Studies in the ACTG Week 96 BMD Change by Initial ARV Regimen





Osteoporotic fracture risk associated with cumulative exposure to tenofovir and other antiretroviral agents

Roger Bedimo, Naim M. Maalouf, Song Zhang, Henning Drechsler and Pablo Tebas

AIDS 2012, **26**:825–831

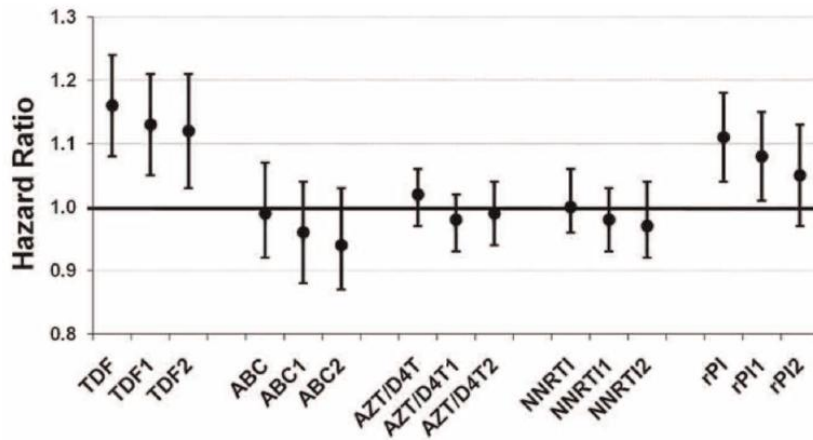


Fig. 2. Antiretroviral Exposure and Risk of Osteoporotic Fractures: 1996–2009. ABC, Abacavir; AZT/D4T, Zidovudine or Stavudine; NNRTI, Non-nucleoside reverse transcriptase inhibitors; rPI, ritonavir-boosted protease inhibitors; TDF, Tenofovir. Drug name followed by 1: Multivariate model 1; controlling for CKD, age, race, tobacco use, diabetes and BMI (MV Model 1); Drug name followed by 2: Multivariate model 2; controlling for Model 1 variables and concomitant exposure to other antiretrovirals.

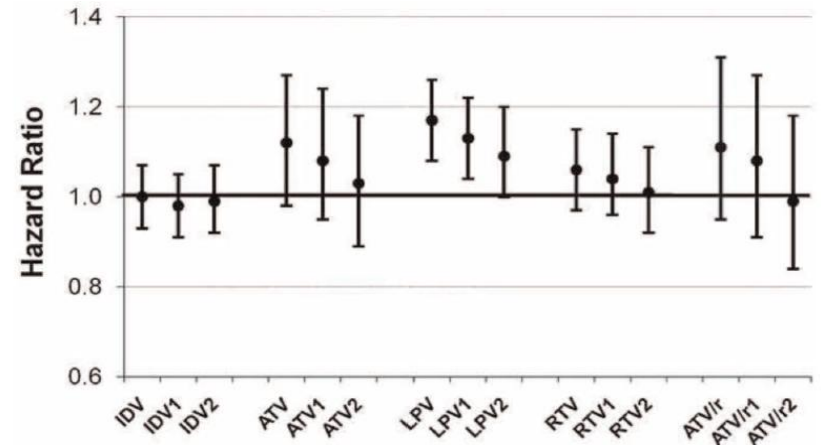


Fig. 3. Exposure to Specific Protease Inhibitors and Risk of Osteoporotic Fractures: HAART era (1996–2009). ATV, Atazanavir; ATV/r, ritonavir-boosted atazanavir; IDV, Indinavir; LPV, Lopinavir/Ritonavir; NFV, Nelfinavir; RTV, Ritonavir. Drug name followed by 1: Multivariate model 1; controlling for CKD, age, race, tobacco use, diabetes and BMI (MV Model 1); Drug name followed by 2: Multivariate model 2; controlling for Model 1 variables and concomitant exposure to other antiretrovirals.

Conclusion: Cumulative exposure to TDF and, among PIs, LPV/RTV were independently predictive of increased risk of OF in the HAART era.



Overall benefit of antiretroviral treatment on the risk of fracture in HIV: nested case-control analysis in a health-insured population

Linda M. Mundy, Ada O. Youk, Grace A. McComsey and Steve J. Bowlin

Objectives: Fractures are common and associated with multiple risk factors. We assessed the risks for fracture associated with time-dependent, differential antiretroviral drug exposures among a cohort of persons with human immunodeficiency virus (HIV) infection.

Design: Nested case-control study from an HIV cohort of 59,594 medically-insured persons with HIV infection enrolled in a medical care between January 1997 and March 2008.

Methods: Cases were subjects with a low-impact, non-traumatic fracture identified by ICD-9-CM codes; non-cases were 1:4 matched and without fracture.

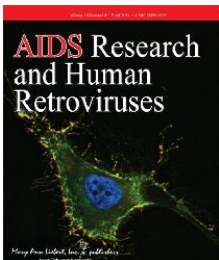
Results: Cases comprised 2,411 persons with HIV infection with fractures who were risk-set matched to 9,144 persons with HIV infection without fractures. Exposure to antiretroviral (ARV) therapy by drug class and by duration (any drug/class) was associated with reduced risk for fracture. Drug-specific ARV exposures over time identified an increased risk for fracture associated with darunavir, delavirdine and saquinavir while reduced risk was associated with efavirenz, emtricitabine, lamivudine, tenofovir, and zidovudine. An initial null risk became a reduced risk with increased duration for nevirapine. In a similar pattern, abacavir, didanosine, nelfinavir, ritonavir and stavudine were initially associated with increased risk for fracture, after which the risk became null with increased duration of exposure. Null or uncertain risk for fracture was associated with amprenavir, atazanavir, enfuvirtide, fosamprenavir, indinavir, lopinavir, tipranavir, and zalcitabine.

Conclusions: Our findings suggest an overall reduced risk for fracture in persons treated versus not treated with ARV drugs for HIV infection. Differential drug-specific exposure-response relationships for fracture will need to be further evaluated in other study populations.

© 2012 Wolters Kluwer Health | Lippincott Williams & Wilkins

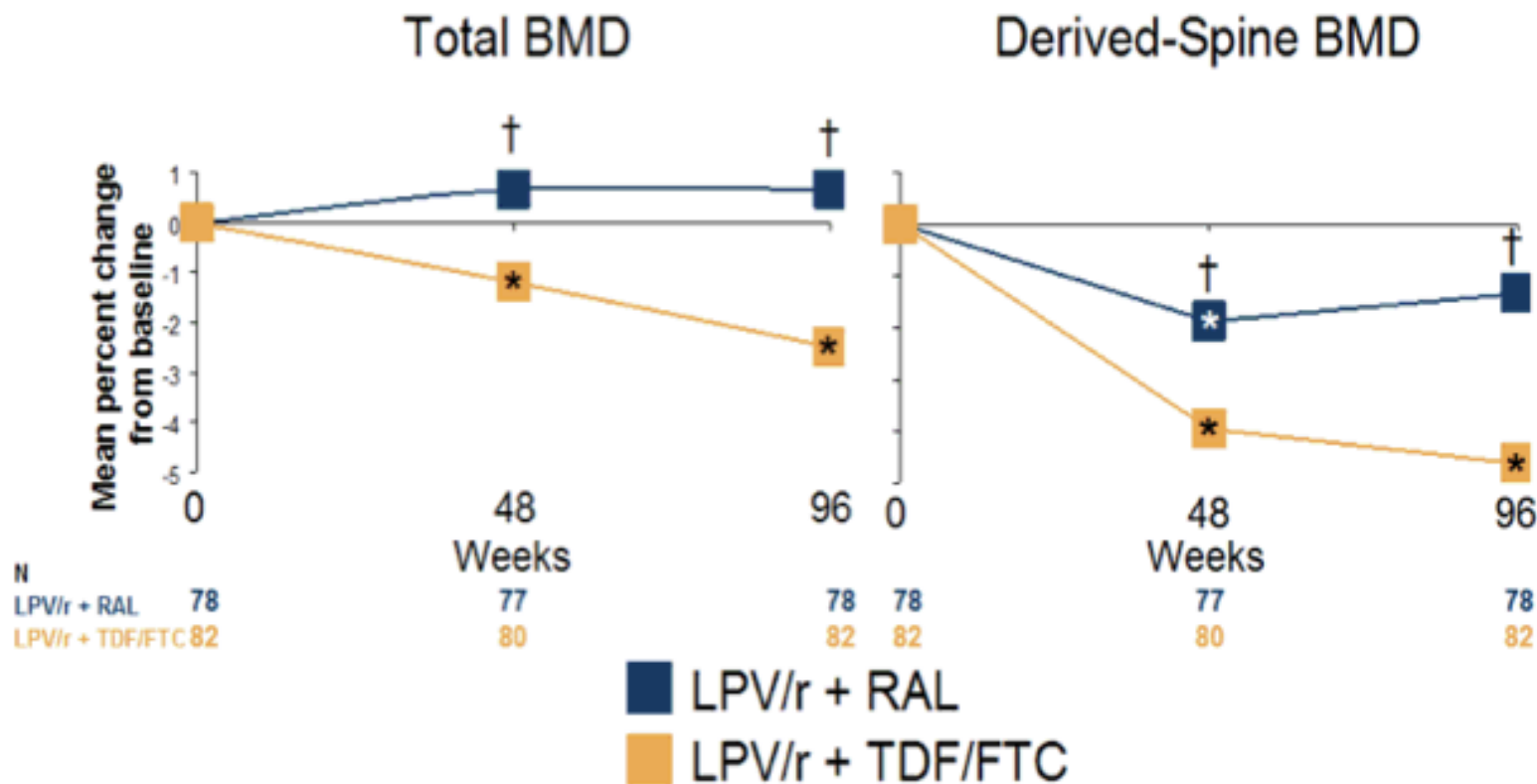
AIDS 2012, **26**:000–000

Keywords: antiretroviral drug, bone mineral density, fracture, HIV, risk



PROGRESS: BMD at Wk 96

Mean Percent Changes in Bone Mineral Density Analyzed Using DXA through 96 Weeks of Treatment



N
 LPV/r + RAL 78
 LPV/r + TDF/FTC 82

Weeks

0

Weeks

0

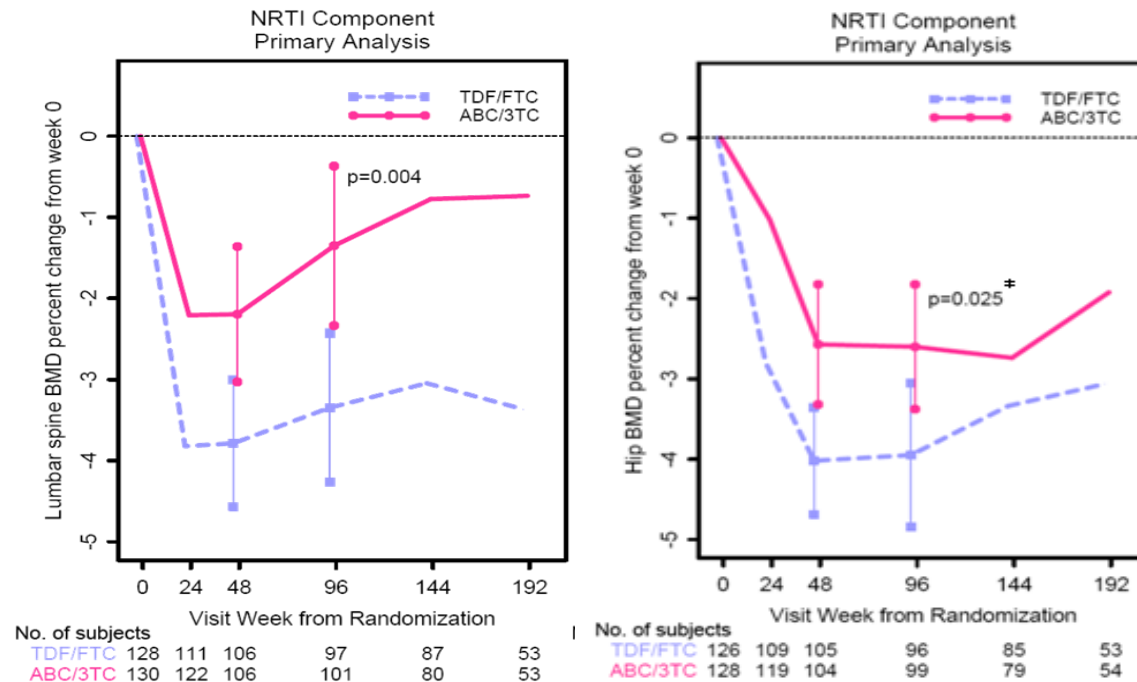
*Within group P-value <0.05
 †Between group P-value <0.05

P-values calculated using One-way ANOVA



Bone Mineral Density and Fractures in Antiretroviral-Naive Persons Randomized to Receive Abacavir-Lamivudine or Tenofovir Disoproxil Fumarate-Emtricitabine Along With Efavirenz or Atazanavir-Ritonavir: AIDS Clinical Trials Group A5224s, a Substudy of ACTG A5202

Grace A. McComsey,¹ Douglas Kitch,² Eric S. Daar,⁵ Camlin Tierney,² Nasreen C. Jahed,⁷ Pablo Tebas,⁸ Laurie Myers,⁹ Kathleen Melbourne,⁶ Belinda Ha,¹⁰ and Paul E. Sax^{3,4}

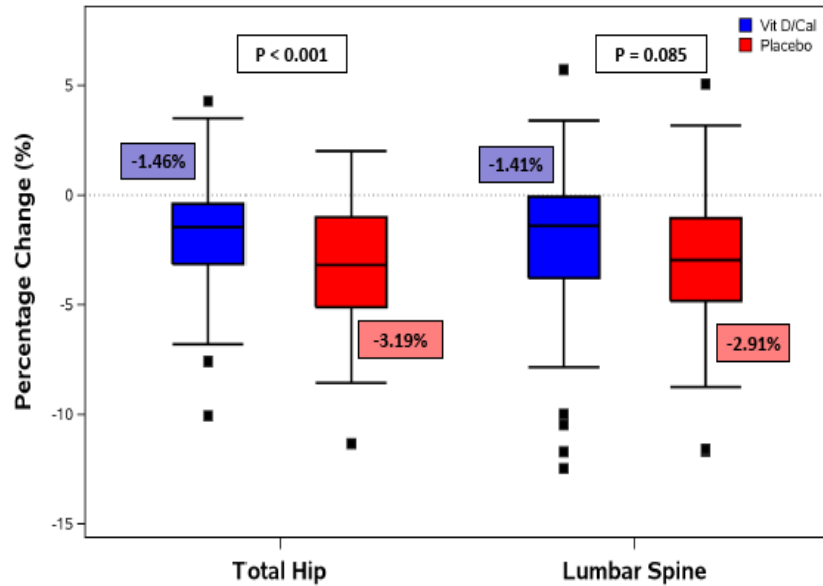


Conclusions. Compared with ABC-3TC, TDF-FTC–treated participants had significantly greater decreases in spine and hip BMD, whereas ATV/r led to more significant losses in spine, but not hip, BMD than EFV.



Vitamin D/Calcium Supplements Ease Bone Loss When Starting EFV/TDF/FTC

Percent Decline in BMD from Baseline to 48 Weeks

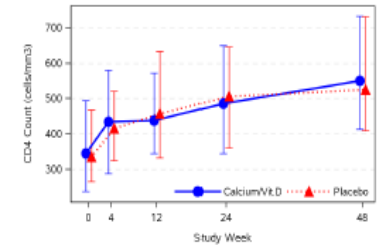


The lower and upper edges of the box indicate the first and third quartiles (the 25th and 75th percentiles); The line inside the box indicates the median value.

Other Findings



- HIV Parameters
 - 90% of subjects achieved virologic suppression
 - Similar CD4 increases in both arms
 - Vitamin D/Calcium: 192 c/mm³
 - Placebo: 201 c/mm³
- No differences in changes in inflammatory biomarkers between the two arms.
 - IL-6, sTNFr-I, sTNFr-II, sCD14
- No differences in changes in metabolic parameters
 - Lipids, glucose, weight
- Safety
 - 103 subjects (62%) experienced at least one adverse events.
 - 50 subjects in vitamin D/Ca arm (33 with Grade ≤ 2 , 15 with Grade 3)
 - 53 subjects in placebo arm (33 with Grade ≤ 2 , 15 with Grade 3)
 - No cases of hypercalcemia
 - 1 incident nephrolithiasis in placebo arm
 - 1 death on vitamin D/calcium arm



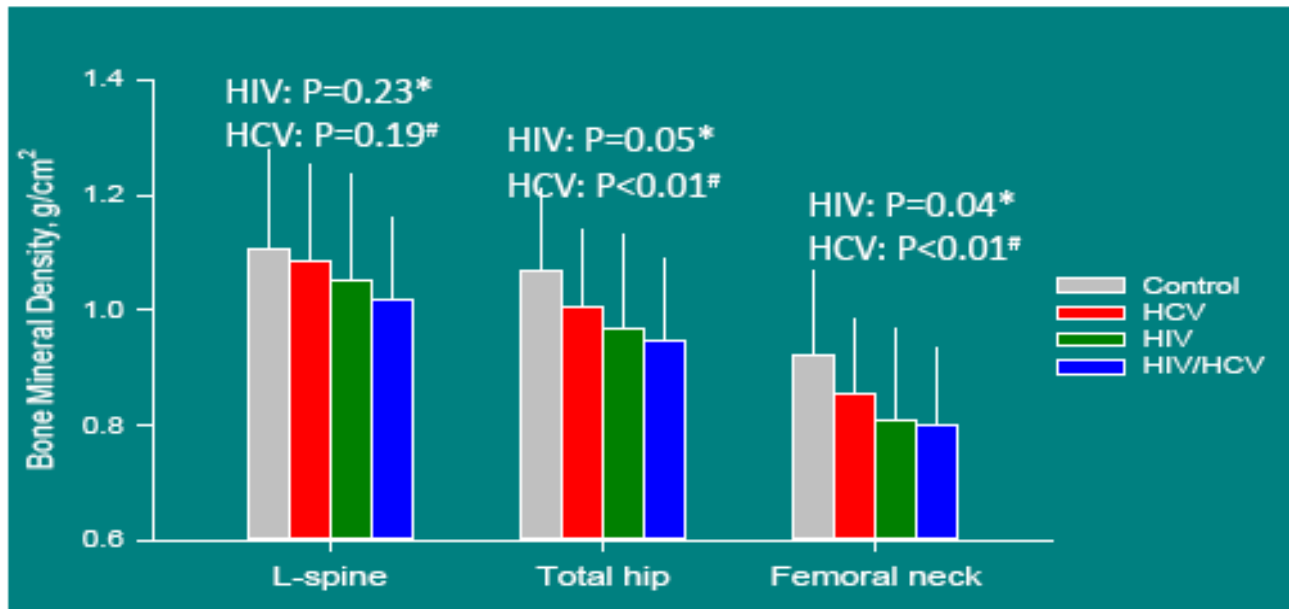
Conclusions: Daily high-dose vitamin D and calcium supplements reduced total hip bone loss 50% in a 48-week placebo-controlled trial that enrolled people starting efavirenz plus tenofovir/emtricitabine



Mechanism of Bone Disease in HIV and HCV: Impact of Tenofovir Exposure and Severity of Liver Disease

A. HIV and HCV Independently Lower BMD

Controlling for age, race and BMI (model 1)

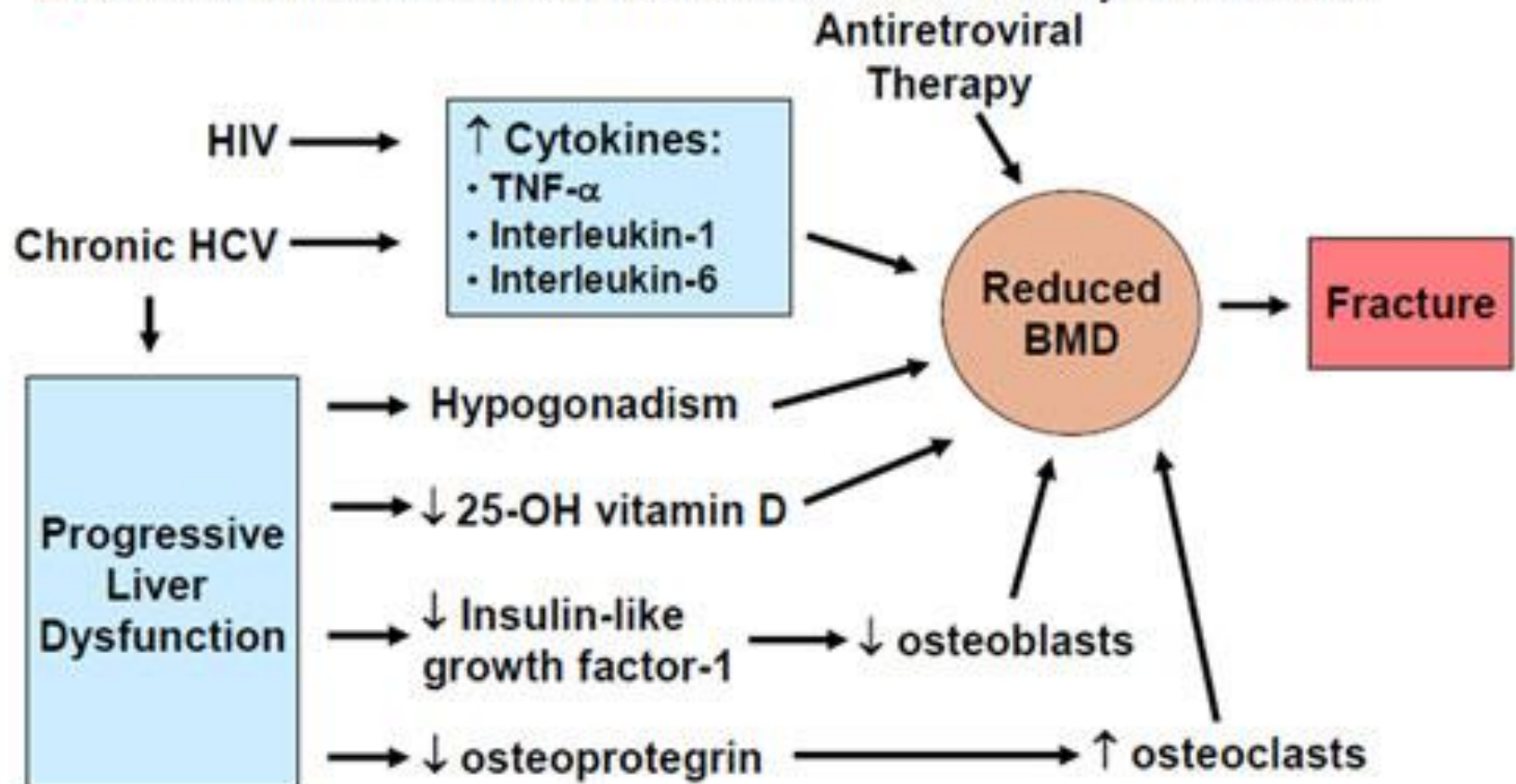


*Groups with HIV (HIV+ HIV/HCV) vs. groups without HIV (HCV+ control)

Groups with HCV (HCV+ HIV/HCV) vs. groups without HCV (HIV + control)

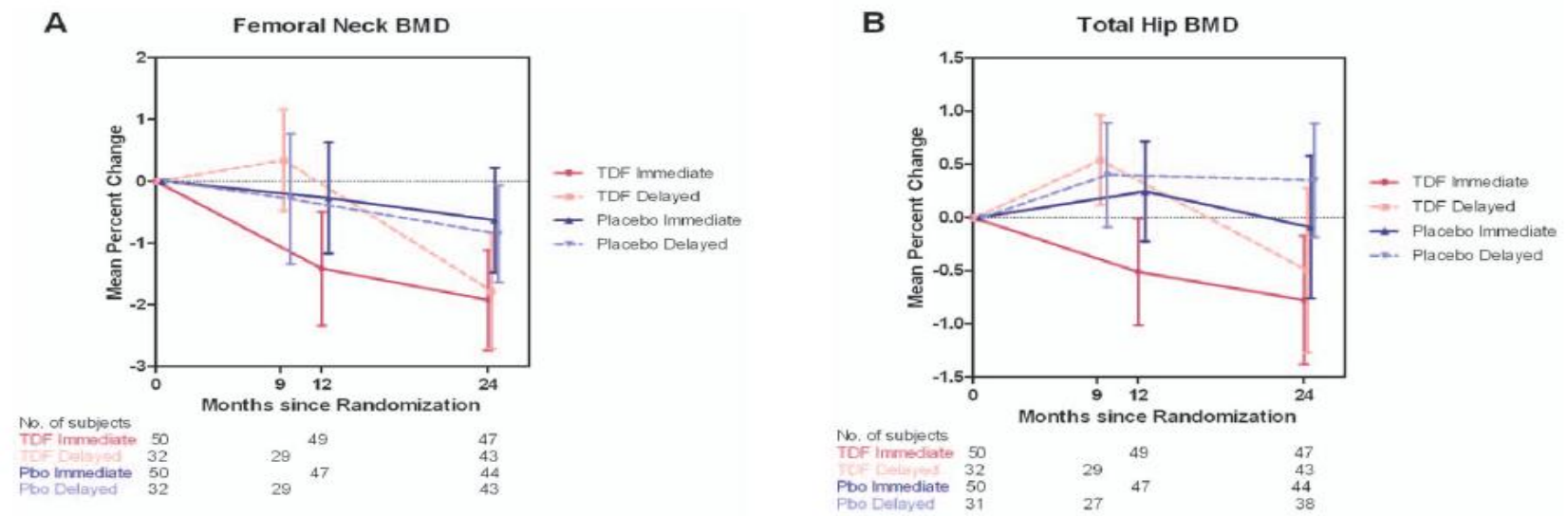
Conclusions: The impact of HIV on BMD appears to be explained (at least in large part) by TDF exposure and higher bone turnover. HCV association with BMD is independent of the severity of liver disease, as measured by APRI score.

- ❑ HIV and HCV infections are each associated with reduced bone density
- ❑ Coinfection might exacerbate bone loss and increase fracture risk
- ❑ Below is a model for mechanisms for low bone density and fracture:



Bone Mineral Density in HIV-Negative Men Participating in a Tenofovir Pre-Exposure Prophylaxis Randomized Clinical Trial in San Francisco

Albert Y. Liu^{1,2*}, Eric Vittinghoff², Deborah E. Sellmeyer³, Risha Irvin¹, Kathleen Mulligan², Kenneth Mayer⁴, Melanie Thompson⁵, Robert Grant^{2,6}, Sonal Pathak⁷, Brandon O'Hara⁷, Roman Gvetadze⁷, Kata Chillag⁸, Lisa Grohskopf⁸, Susan P. Buchbinder^{1,2}



In summary, we found a significant proportion of HIV uninfected men had low BMD at baseline. Low BMD was associated with methamphetamine and inhalant use. Similar adverse effects of TDF on BMD were seen in this cohort of HIV uninfected MSM as seen in antiretroviral treatment studies of TDF-based regimens in HIV-infected individuals. These data suggest that low BMD may pre-date HIV infection among men at risk for acquisition of HIV, and use of tenofovir in these individuals leads to a small but statistically significant decline in BMD. The decline was not associated with an elevated fracture risk during the study.



Lower Newborn Bone Mineral Content Associated With Maternal Use of Tenofovir Disoproxil Fumarate (Pediatric HIV/AIDS Cohort study - PHACS Study)

Maternal ARV Regimens (Regimens taken by ≥ 3% of women)

Study Arm	Maternal ARV regimen	N (%)
TDF Arm (n=74)	TDF-FTC-ATVr	38 (52%)
	TDF-FTC-DRVr	12 (16%)
	TDF-FTC-RAL	6 (8%)
	TDF-FTC-LPVr	4 (5%)
	Other	14 (19%)
No-TDF Arm (n=69)	ZDV-3TC-LPVr	27 (41%)
	ABC-3TC-ZDV	14 (21%)
	ZDV-3TC-DRVr	4 (6%)
	Other	24 (32%)

Multivariable Model: Adjusted Mean BMC Lower in TDF Arm

	Adjusted* Mean Difference in BMC	P value
Whole-body BMC	6.4g lower in TDF arm (95%CI: 2.1, 10.7)	0.004
<i>Reminder: Unadjusted mean BMC diff: 7.8g</i>		

*Adjusted for:

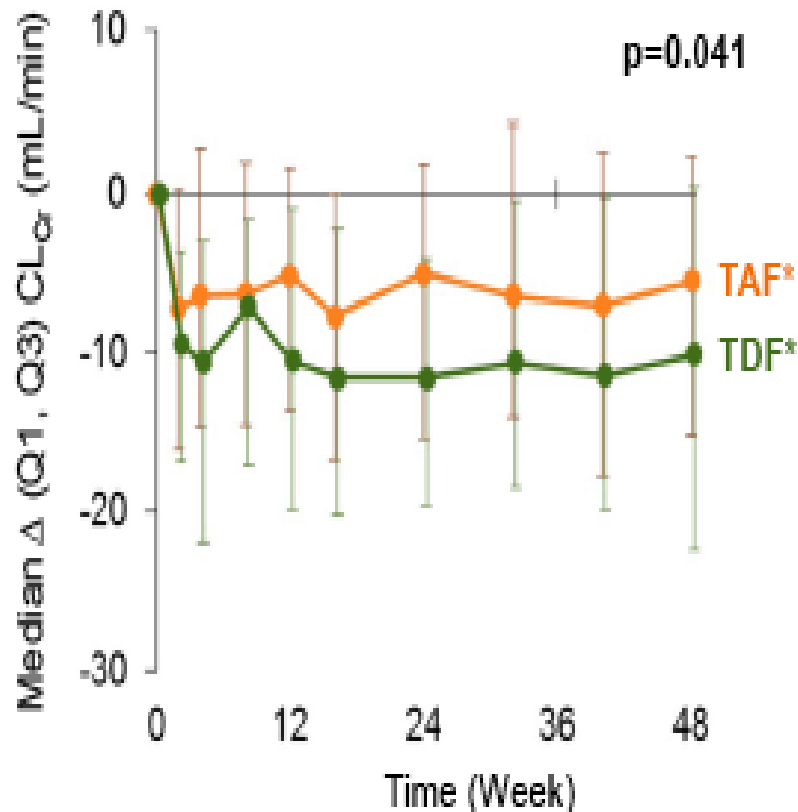
- site;
- infant gestational age, body length, race/ethnicity and age at DXA;
- maternal boosted PI use, age, and smoking.

Similar results when whole-body BMC analyzed without head

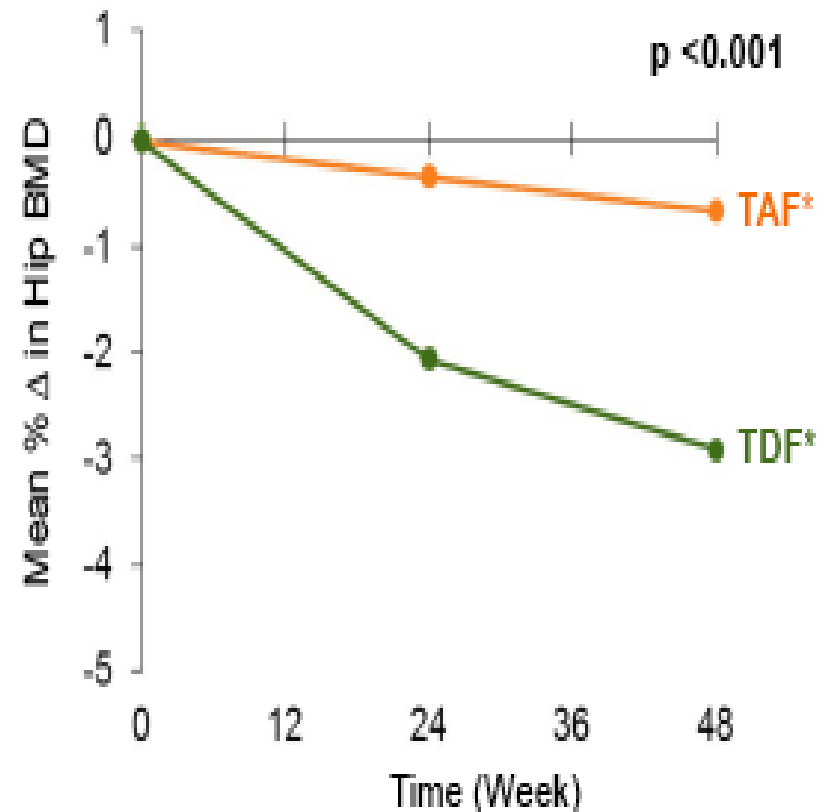
Conclusions: Conclusions: Maternal TDF use is associated with a significant reduction in neonatal BMC that persists after adjustment for other factors. The duration and clinical significance of this finding merit evaluation in longitudinal studies.

Safety of TAF in HIV Infection (Phase 2)

Creatinine Clearance



Hip Bone Mineral Density



Challenge

Management (cART)

High CV Risk/Lipids



↓ Ritonavir; Pls; Abacavir???

Hepatitis/Cirrhosis



↓ Liver Toxicity; “Good PK”

Older Age



↓ Ritonavir; “Good PK”; Simple

Pregnancy



↑ Safety; “Good PK”

Osteopenia/Osteoporosis



↓ TDF; Non-HAART Issues (Vit D, etc)

Renal Insufficiency



↓ TDF

Polypharmacy



↓ Ritonavir; Good Interaction Profile

Neurocognitive Disorder



↑ CNS Penetration; ↓ Neurotoxicity

Psychiatric Disease



↓ EFV? Good Interaction Profile; Simple

Poor Adherence



STR, Tolerable, High Genetic Barrier

Advanced HIV Disease



↑ Efficacy (Low CD4; High VL)

Lipoatrophy



↓ Thymidine analogs. 3rd drug?

Cost



↓ Price

Ministero della Salute

SCHEDA UNICA DI SEGNALAZIONE DI SOSPETTA REAZIONE AVVERSA (ADR) <i>(da compilarsi a cura dei medici o degli altri operatori sanitari e da inviare al Responsabile di farmacovigilanza della struttura sanitaria di appartenenza)</i>					
1. INIZIALI DEL PAZIENTE _ _	2. DATA DI NASCITA	3. SESSO	4. DATA INSORGENZA REAZIONE	5. ORIGINE ETNICA	CODICE SEGNALAZIONE
6. DESCRIZIONE DELLA REAZIONE ED EVENTUALE DIAGNOSI* * se il segnalatore è un medico			7. GRAVITA' DELLA REAZIONE:		
			<input type="checkbox"/> GRAVE <input type="checkbox"/> DECESSO <input type="checkbox"/> OSPEDALIZZAZIONE O PROLUNGAMENTO OSPED. <input type="checkbox"/> INVALIDITA' GRAVE O PERMANENTE <input type="checkbox"/> HA MESSO IN PERICOLO DI VITA <input type="checkbox"/> ANOMALIE CONGENITE/DEFICIT NEL NEONATO <input type="checkbox"/> NON GRAVE		
			8. EVENTUALI ESAMI DI LABORATORIO RILEVANTI PER ADR: riportare risultati e date in cui gli accertamenti sono stati eseguiti		
10. AZIONI INTRAPRESE: specificare			9. ESITO		
<i>In caso di sospensione compilare i campi da 16 a 19</i>			<input type="checkbox"/> RISOLUZIONE COMPLETA ADR IL __/__/__ <input type="checkbox"/> RISOLUZIONE CON POSTUMI <input type="checkbox"/> MIGLIORAMENTO <input type="checkbox"/> REAZIONE INVARIATA O PEGGIORATA <input type="checkbox"/> DECESSO IL __/__/__ <ul style="list-style-type: none"> <input type="checkbox"/> dovuto alla reazione avversa <input type="checkbox"/> il farmaco può avere contribuito <input type="checkbox"/> non dovuto al farmaco <input type="checkbox"/> causa sconosciuta <input type="checkbox"/> NON DISPONIBILE		
			INFORMAZIONI SUL FARMACO		